

Guidance for staff who become unwell with possible COVID-19 symptoms while on campus

In the event that you begin to feel unwell on campus and particularly if you experience symptoms associated with COVID-19 eg.cough, shortness of breath, breathing difficulties, fever or chills, lost or change to taste or smell, you should immediately take the following steps:

DO YOU HAVE A CAR AND FEEL WELL ENOUGH TO TRAVEL HOME?

NO

Isolate immediately from other people and telephone the response manager

They will assist you in accessing the isolation room

Wear a face covering

Keep a distance of at least 2 meters from others

Avoid coming in contact with people and touching surfaces and objects where possible

Avoid returning home by public transport

If possible ask someone from your household to collect you from work

Where a family member or friend is not available to collect you, the university will organise a taxi for you that has a barrier between you and the driver

Inform your manager or one of the HR team of the advice given and provide details of who you have met and where you have been over the working day

YES

Isolate immediately from other people and telephone your line manager/HR

Wear a face covering

Keep a distance of at least 2 meters from others

Go directly home

Avoid coming in contact with people and touching surfaces and objects where possible

Self-isolate and follow the advice of your GP

Following seeking medical advice

If you feel unwell and have symptoms of COVID-19 you should stay at home, self-isolate and telephone your GP or the HSE on 1850 24 1850



If you are advised by your GP that you are well enough to continue working then that is what you should do

If you are required to self-isolate then you should follow the HSE guidelines and keep your manager/HR informed