



### SDG Goal 3 Good Health & wellbeing

Year	Event
March 2024	<a href="#">Marchathon</a> - TU Dublin Sport and Sustainability challenge students and staff to count their steps in teams and win prizes, while reducing their transport emissions.
October 2024	<a href="#">Walktober</a> - A challenge for students and staff where teams compete to win prizes by walking over the span on one month to encourage less reliance on transport.
Ongoing	TU Dublin offers a series of <a href="#">Workplace Wellbeing</a> webinars to support the health and well-being of staff.
Ongoing	<a href="#">TU Dublin Active Retirement Association</a> was set up and is managed by the retired members of staff of the University. The Association supports the health and well-being of retirees
Ongoing	TU Dublin has a <a href="#">Dignity and Respect Policy</a> in place.
Ongoing	<a href="#">Speakout</a> - this is an anonymous reporting tool that allows the recording of negative personal incidents or if they have witnessed incidents, for all members of our TU Dublin community including contract staff and visitors).
Ongoing	<a href="#">The Safety, Health and Welfare (SHW)</a> Office at TU Dublin, promotes a culture of health and safety throughout the university, including in the conduct of research.
Ongoing	TU Dublin offers <a href="#">fitness &amp; sports</a> facilities to students and staff.
Ongoing	Improving the health and well-being of the population is core to the TU Dublin <a href="#">Environmental Sustainability and Health Institute (ESHI)</a> . This research cluster seeks to inform and shape health policy and serve as a critical interface in linking scientific, technical and research knowledge with action to improve population health & health services. This has since become the Sustainability and Health Research Hub (SHRH).
Ongoing	<a href="#">TU Dublin Living Labs</a> - With an objective to enhance campus sustainability and working towards progress on the Climate Action Roadmap targets through engaging with the campus community.

Ongoing	<p><a href="#">TU Dublin Counselling Services</a> provides a safe, non-judgmental space for students to talk about and discuss any concerns they have, including:</p> <ul style="list-style-type: none"> <li>– Stress or anxiety</li> <li>– Academic difficulties</li> <li>– Relationship difficulties</li> <li>– Depression or mood difficulties</li> <li>– Grief or bereavement</li> <li>– Homesickness or loneliness</li> <li>– Sexual / personal identity issues</li> <li>– Assault or abuse</li> <li>– Self-harm</li> <li>– Addiction or substance use</li> <li>– Low confidence or self-esteem</li> </ul>
June 2024	<p><a href="#">Happy Maths Programme</a>- Funded by Science Foundation Ireland (SFI) and the Irish Research Council (IRC), utilising game- based learning to combat maths anxiety for primary education learners. The first Happy Maths Cup was held on the Grangegorman campus with 100 pupils competing from 20 primary schools to help more young people enjoy maths.</p>
July 2024	<p><a href="#">Analysis: How to eat like an Olympic athlete</a></p>

Ongoing	<a href="#">TU Dublin's National Optometry Centre</a> is a purpose-built, state-of-the-art center for the advanced training of optometry students and is the only such facility of its kind in the country. For most eye examinations, the public are seen by a student who is supervised by an experienced member of clinical staff.
Ongoing	<a href="#">TU Dublin's Health Centre</a> are now offering two types of sexual health check-ups for students
Ongoing	TU Dublin's <a href="#">Smoking Policy</a> ensures that all campus buildings are smoke free and prohibits the sale of cigarettes and tobacco products on its premises.
February 2024	<a href="#">Healthy food Made Easy program</a> - 6-week online cook-a-long evening program delivered by Empower with budget friendly recipes.
March 2024	<a href="#">Postgraduate Diploma in Sports Analytics, Technology and Innovation launched</a> - the country's first-ever postgraduate course designed for industry professionals seeking cutting-edge knowledge in the business of sports.
May 2024	<a href="#">Ministers O'Donovan, McConalogue and Heydon Announce SFI Funding for Centre for Sustainable Digital Technologies at TU Dublin</a> - part of the money going towards researching utilising AI technology to digitise dairy production and processing
October 2024	<a href="#">TU Dublin School of Food Science and Environmental Health Awards Ceremony</a>
November 2024	<a href="#">Ireland Active Conference and National Quality Standard Awards</a> - TU Dublin earned the prestigious "Outstanding" accreditation from Ireland Active. All four TU Dublin facilities in Grangegorman, Broombridge, Blanchardstown, and Tallaght received the top "Outstanding" accolade.  In addition, TU Dublin was shortlisted for three awards: Best Newcomer- TU Dublin, Tallaght Campus, Most Improved - TU Dublin, and Overall Fitness - TU Dublin, Grangegorman Campus. Named among the top five facilities out of 350 nationwide.
July 2024	<a href="#">Five Athletes Flying the Flag for TU Dublin at the 2024 Olympics</a>
Jan 2024	<a href="#">TU Dublin in QF of Sigerson Cup</a>
May 2024	<a href="#">Dublin Gastronomy Symposium 2024</a> - Food and Memory (Traces, Trauma, and Traditions)
September 2024	<a href="#">World Alzheimer's Day</a> - TU Dublin Digital Innovation Projects, The Smart Self Care for Dementia and Co-Design for Dementia, work to empower people with dementia to manage their care autonomously through a cutting-edge assistive technology toolkit.
September 2024	<a href="#">Launch of Transforming Healthcare Innovation Challenge</a> - TU Dublin students will come together over two days and a night to create a solution to a healthcare challenge and then pitch the idea to the judges panel. There are four categories- Innovation with the Greatest Potential, Best Use of Technology, Innovation with the Greatest Patient Benefit, and Most Innovative Solution.
September 2024	<a href="#">TU Dublin highlights advances in Cancer Research in Line with World Cancer Research Day</a>

October 2024	<a href="#">Healthcare Career initiative</a> - A project of TU Dublin Access and Outreach and the Mater Private Network where 180 Transition Year students from 14 schools came to TU Dublin, viewing interactive presentations, and Q&A sessions that provided them with first-hand insights into the varied roles vital in healthcare. They also received an overview presentation on the variety of courses available at TU Dublin in Sciences and Health, Business, Computing, Data and Maths and Culinary Arts.
October 2024	<a href="#">TU Dublin students craft costumes for wheelchair users at LauraLynn Children's Hospice</a> - several disciplines within TU Dublin, including Marketing, Engineering and Media Production, and 3DAssist, collaborated and with N-TUTORR funding six local secondary and primary schools were included in the design.
November 2024	<a href="#">The Mindful Kitchen Project</a> - shortlisted as sustainability champions at The Green Gown Awards 2024
November 2024	<a href="#">‘Growvalve’ receives prestigious grant for TU Dublin researcher</a> - a tissue-engineered heart valve specifically designed for pediatrics patients that grows in tandem with the child’s heart.
December 2024	<a href="#">Head of the School of Media at Technological University Dublin appointed to the Arts Council Board</a>
December 2024	<a href="#">Health Research Board awards €204k grant for TU Dublin researcher project focused on improving breastfeeding rates in Ireland</a>
December 2024	<a href="#">Symposium hosted by TU Dublin’s school of Media celebrates Shamrock Rovers Football Club and community</a> - Past and present players, historians, club officials and TU Dublin staff and students made up the speakers
December 2024	<a href="#">Research Ireland’s National Challenge Fund awards €500,000 in additional funding for TU Dublin’s GroSafe Project</a> - an initiative that aims to provide a technological solution for address child grooming and is part of the ‘OurTech Challenge’.