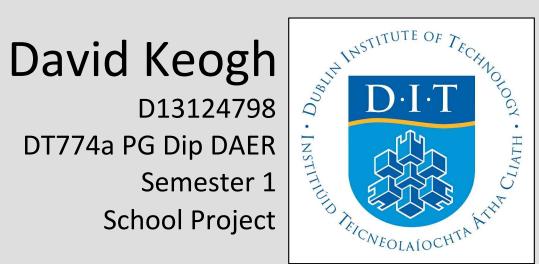


EnerPHit & Passive House School

D13124798 DT774a PG Dip DAER Semester 1 **School Project**



A R C H 2 1 8 1 : Retrofit Technology Project

Baseline School Building PHPP Energy Assessment & Analysis Introduction and Project Outline

The aim of this project is to demonstrate the function of PHPP (Passive House Planning Package) software as a key design tool when planning buildings to achieve EnerPHit or Passive House. PHPP serves as the basis for verification of EnerPHit and the Passive House standard. Using PHPP it is undertaken to:

- Assess the energy performance of the existing building
- Propose a retrofit solution to achieve EnerPHit standard
- Propose a new build solution to achieve Passive House standard

Baseline Performance & Design Targets

	Baseline Building	EnerPHit Targets	Passive House Targets
Annual heating demand kWh/m²/y	127	25	15
OR		OR	OR
Heating load W/m ²	57	10	10
Overheating frequency %	0.3	<10% @25°	<10% @25°
Primary energy kWh/m²/y	51	130	120
Air Tightness N ₅₀	4.6	1	0.6

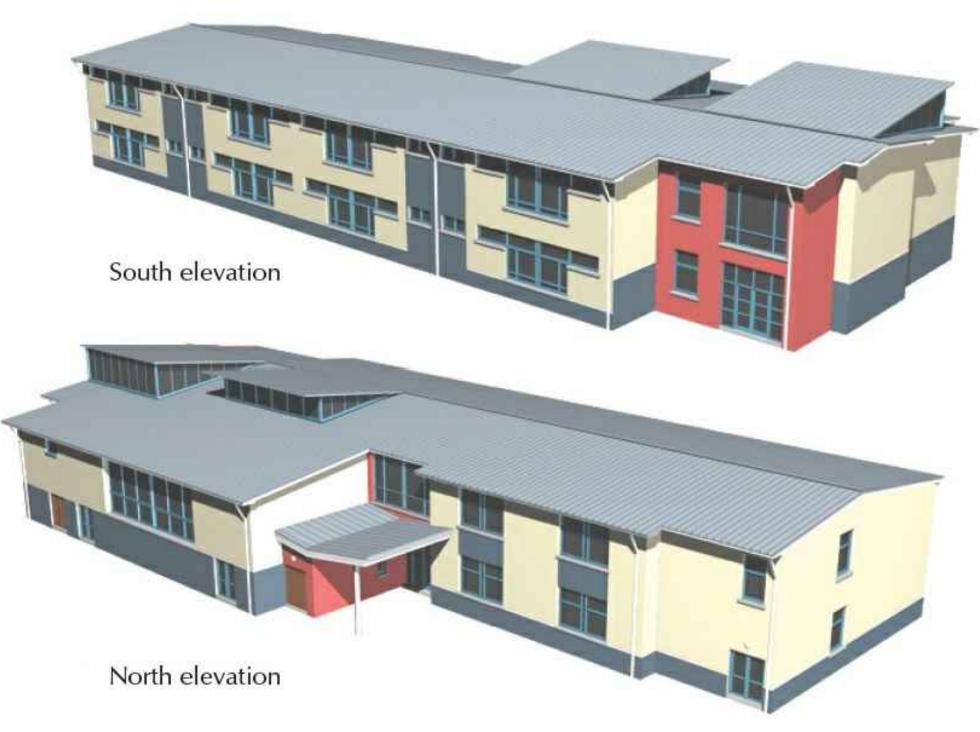
Baseline Building Description

The subject building is a 2 storey primary school consisting mainly of 8 no. classrooms, gym and ancillary areas with all the classrooms south facing. The Architectural response incorporated passive solar design, natural ventilation and natural daylight with a focus on thermal performance and energy use.



Achieving EnerPHit

Initially the design approach taken to reach EnerPHit was one which would minimize intrusive and extensive building works while addressing the key heat loss areas. However, the EnerPHit air tightness requirement of N₅₀ 1 means extensive internal works is unavoidable if we are to confidently achieve this level. Since the air tightness works will need access to ceilings and roof spaces it therefore makes sense to specify a centralized MVHR system rather than a decentralized option such as the 'AirMaster' HRV. These units would make sense in retrofit situations where intrusive internal works are avoidable or undesired. It is anticipated that all works will be carried out during the summer months, thus having no impact on the school year. Reaching EnerPHit is essentially a ventilation solution. By addressing the air tightness and introducing mechanical ventilation with heat recovery we are 93% of the way to achieving our goal. The air tightness criteria must be satisfied so the big decision seems to be choosing the most suitable, efficient MVHR system. Pumping the existing external wall cavity with insulation with improve the energy performance of the building fabric. In addition this measure will raise internal surface temperatures and reduce risk of surface condensation and mould growth. Replacing the existing poorly performing window frames throughout with a passive house standard alternative is the final step needed to achieve the EnerPHit Annual Heating demand criteria of 25kWh/m²y. Meeting the Primary Energy criteria is easily done by introducing daylight responsive dimmer/off lighting in areas with external windows and occupant responsive lighting to the circulation areas and toilets. These 5 steps will take the building to EnerPHit but further measures have been taken to address the overheating potential and ensure that the building environment is comfortable for the occupants at all times. I have anticipated that the building, even after the retrofit, will have additional heat losses from thermal bridges. These losses might increase the heating



PHPP as an Energy Assessment Tool

m

The energy performance of the school was assessed using PHPP. In the verification sheet, the certification type is selected from the EnerPhit for retrofit or Passive House option. Results are then presented against the requirements of the selected standard and the success/failure to meet each criteria is shown.

Heating energy balance

Losses

cassive solar dains

Annual Heating Demand

**** RIDGE LEVEL

Internal gains

Il Ventilation

15.1

14.7

Gain

RootCelling - Amblent

Floor FL-02

Heating Balance - Gains vs Losses

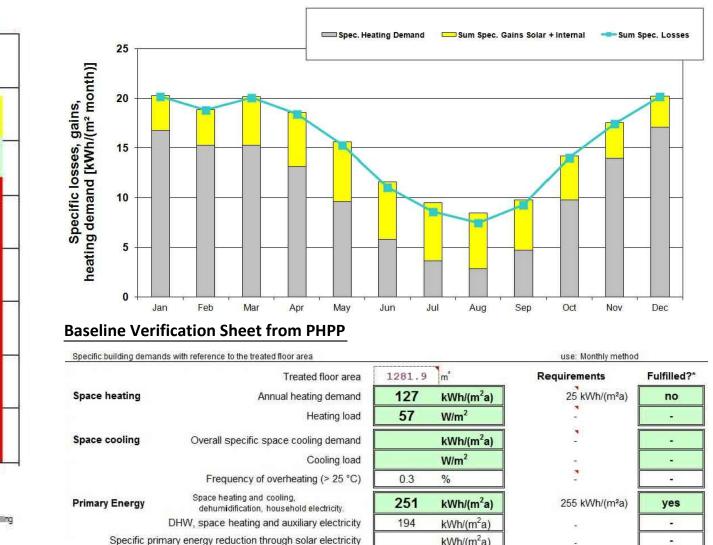
Further analysis can then be carried out via the Annual Heat Demand sheet and the heating balance graph. The graph gives a concise and visual breakdown of the heat losses and gains in kWh/m²y and is useful in giving the designer an overview of the buildings performance. An initial design strategy can be formulated by identifying problem areas and reasons for high energy demand. In the baseline case it is obvious that ventilation is the most significant area of interest. Losses through ventilation alone almost amount to the same energy required to heat the building. The school is naturally P 60 ventilated meaning there is very little control over ventilation heat losses. Immediately it is apparent that the first step in a retrofit strategy, to reduce energy demand, should start with reducing the ventilation losses. Reduce ventilation losses and you reduce the heating demand. After the ventilation losses are addressed it can be deduced that the windows and external walls could to be looked at in more detail. The roof is already insulated to Passive levels and although the floor is performing poorly, it would be costly disruptive and to upgrade for comparatively small reductions in overall building fabric heat losses.

Monthly Method - Specific Annual Heating Demand

Specific primary energy reduction through solar electricity

Pressurization test result n₅₀

The specific annual heat demand is determined in PHPP using the monthly method. This section of PHPP uses climate data and occupancy patterns, along with internal and external gains, to determine the space heating loads. The monthly method can also be a good indicator of overheating as it clearly shows when the heat gains exceed the heat losses



kWh/(m²a)

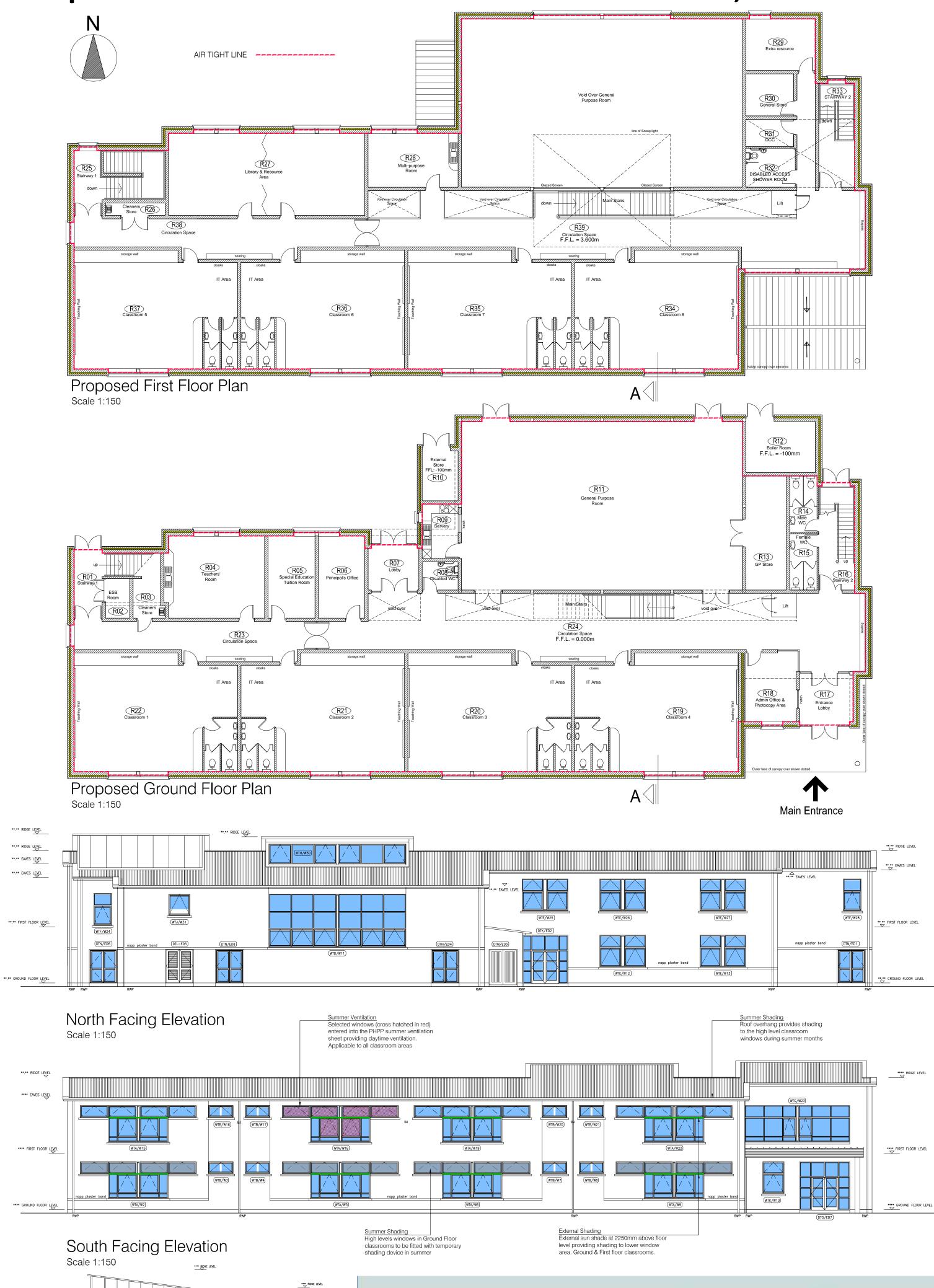
4.6 1/h

1 1/h

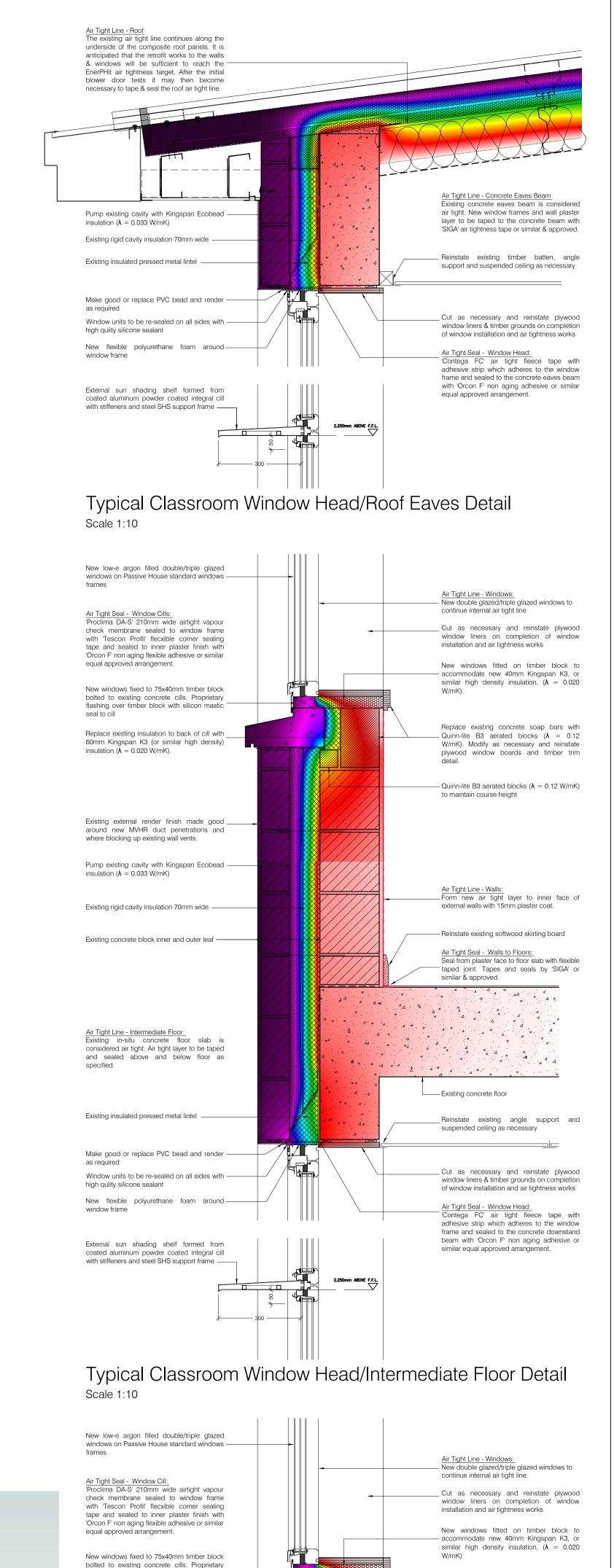
* empty field: data missing; '-': no requirer

no

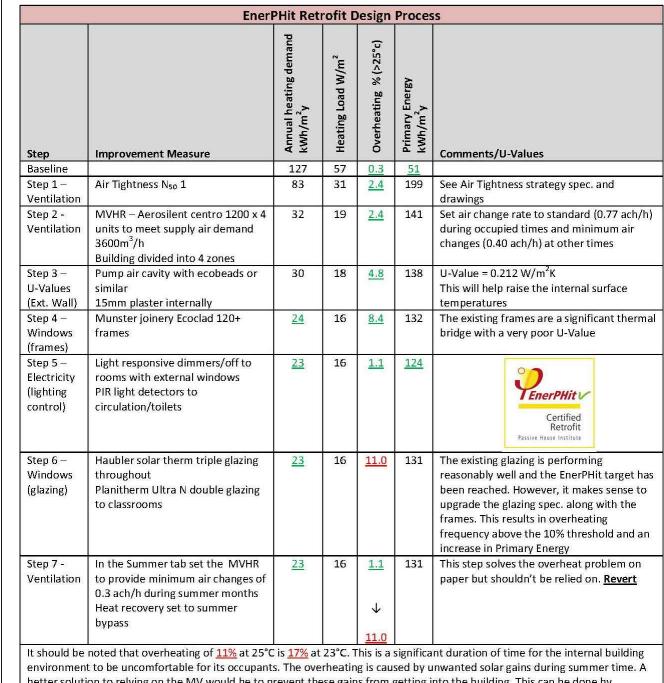
Proposed EnerPHit Retrofit Plans, Elevations, Section and Details



**** EAVES LEV



demand by 10%. Reaching an annual heating demand of 21 kWh/m²y allows a buffer zone to absorb thermal bridge losses.



better solution to relying on the MV would be to prevent these gains from getting into the building. This can be done by permanent and temporary shading to selected south facing windows. Natural ventilation through windows and minimum air changes through the mechanical ventilation can then be use as further options to cool the building. It could be argued that as this building is a school and will be closed during the summer time and we therefore don't need to worry about overheating during these times.

Step 8 – Thermal Mass	In the summer tab change the thermal mass of the building to reflect the mixed construction	<u>21</u>	16	<u>7.5</u>	<u>122</u>	Certified Retrofit Passive House Institute Overheating at 23°C is 19.6% Continue
Step 9 – Shading	Temporary summer shading device to high level windows in classrooms	21	16	<u>3.6</u>	<u>122</u>	Overheating at 23°C is 11.8% Continue
Step 10 – Shading	External shading shelf at 2250mm to classroom windows	<u>21</u>	16	<u>2.4</u>	122	This will improve the visual comfort levels in the areas next to the window Overheating at 23°C is 11.0% Continue
Step 11 – Summer Ventilation	Single sided daytime ventilation by opening windows in classroom for 8hrs each day Openings restricted to 150mm	<u>21</u>	16	<u>0.7</u>	<u>122</u>	Overheating at 23°C is 9.8% Continue
Step 12 – Summer Ventilation	Set MVHR to summer bypass and to provide the minimum air changes of 0.3 ach/h	<u>21</u>	16	<u>0</u>	<u>122</u>	Summer tab in PHPP Overheating at 23°C is 2.1%

PHPP Verification of EnerPHit Building RetroPHit

	Treated floor area	1281.9	m	Requirements	Fulfilled?*
Space heating	Annual heating demand	21	kWh/(m ² a)	25 kWh/(m²a)	yes
	Heating load	16	W/m ²	3	
Space cooling	Overall specific space cooling demand		kWh/(m ² a)	2	-
	Cooling load		W/m ²	5	
	Frequency of overheating (> 25 °C)	0.0	%	2	543
Primary Energy	Space heating and cooling, dehumidification, household electricity.	122	kWh/(m ² a)	127 kWh/(m²a)	yes
	DHW, space heating and auxiliary electricity	72	kWh/(m ² a)	7	1 1
Specific prim	ary energy reduction through solar electricity	0	kWh/(m ² a)	×	
Airtightness	Pressurization test result n_{50}	1.0	1/h	1 1/h	yes
				* empty field: data missing	g; '-': no requireme
EnerPHit building re	etrofit (acc. to heating demand)?				yes

Proposed Fabric Thermal Conductivity

	Baseline Building	EnerPHit Retrofit
External Walls	0.255 W/m ² K	0.212 W/m²K
Ground Floor Type 1	0.352 W/m ² K	0.352 W/m²K
Ground Floor Type 2	0.309 W/m ² K	0.309 W/m ² K
Roof Type 1	0.113 W/m²K	0.113 W/m²K
Roof Type 2	0.107 W/m ² K	0.107 W/m²K
Roof Type 3	0.110 W/m ² K	0.110 W/m²K
Floor Soffit (rear entrance door)	0.332 W/m²K	0.119 W/m²K
Windows	1.63 W/m²K	0.98W/m²K

Achieving Passive House

The proposed design is based around achieving the basic principles of Passive House construction:

Thermal Insulation: Opaque external building components to have U-Values less than 0.15 W/m²K. Passive House Windows: Insulated window frames with low-e argon filled glazing. g-values around 50%. Ventilation Heat Recovery: Mechanical Heat recovery ventilation with at least 75% efficiency. Air Tightness of the Building: Uncontrolled leakage through gaps smaller than 0.6 of the total building volume per hour during an pressure test at 50 pascal.

Avoid Thermal Bridges: Edges, corners, connections and penetrations detailed to avoid thermal bridges.

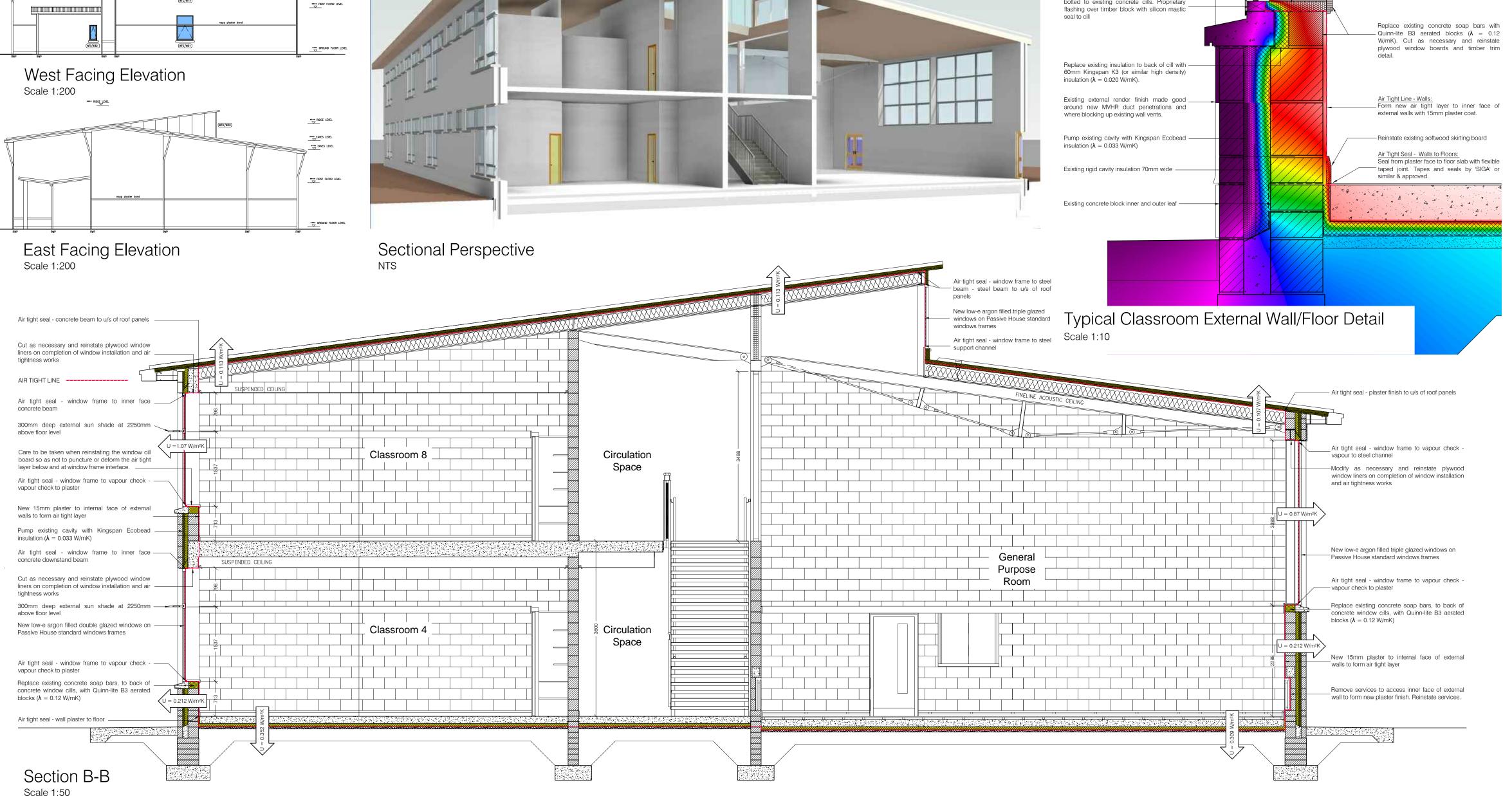
Designing and building this school anew, and to Passive House standard is a much easier challenge than retrofitting to reach EnerPHit standard. It would also be a more cost efficient option when you consider the original school building construction cost together with the costs (which will be extensive) for the EnerPHit retrofit. Key construction items, such as air tightness, can be detailed in advance with the construction monitored and tested at various building phases. As with the EnerPHit retrofit strategy, I have taken further measures beyond Passive House standard to ensure occupant comfort and reduce the carbon footprint of the building. It was a concern that both the EnerPHit and Passive House solutions incurred an increased Primary Energy demand over the baseline building. Thus, I have sought efficiencies through daylight and occupant responsive lighting design together with low energy light fittings. Low energy electrical equipment and computers will also help reduce the Primary Energy demand.

	Passive Hou	se New	Build	ling -	Desig	n Process
Step	Improvement Measure	Annual heating demand kWh/m ² y	Heating Load W/m ²	Overheating % (>25°c)	Primary Energy kWh/m ² y	Comments/U-Values
Baseline		127	57	0.3	51	
Step 1 – Ventilation	Air Tightness N₅o 0.6	78	28	5.4		See Air Tightness strategy spec. and drawings
Step 2 - Ventilation	MVHR – Aerosilent centro 1200 x 4 units to meet supply air demand 3600m ³ /h Building divided into 4 zones	28	16	<u>5.4</u>		Set air change rate to standard (0.77 ach/ during occupied times and minimum air changes (0.40 ach/h) at other times
Step 3 – Summer Ventilation	Mechanical ventilation to provide minimum summer air changes of 0.3 ach/h	28	16	<u>1.1</u>	136	Summer tab in PHPP
Step 4 – U-Values (external wall)	Webertherm XM external wall insulation system on 215mm concrete block structure	21	14	<u>1.8</u>	129	U-Value = 0.119 W/m ² K
Step 5 – U-Values (ground floors)	200mm Kingspan K3 insulation under 150mm floor slab	17	13	<u>3.0</u>	125	U-Value = 0.94/0.98 W/m ² K
Step 6 – U-Values	Wrap EWI under soffit over rear entrance door	16	13	<u>3.0</u>	125	U-Value = 0.119 W/m ² K
Step 7 – Thermal Mass	Heavyweight wall and floor construction	<u>15</u>	13	<u>5.4</u>	123	Summer tab in PHPP
Step 8 – Electricity (lighting control)	Light responsive dimmers/off to rooms with external windows PIR light detectors to circulation/ toilets	<u>15</u>	13	<u>5.4</u>	<u>116</u>	Passive House Passive House
and design s						nue to ensure continuity of the construction if in the tension of the finished building to the quality of the finished building to the finished bu
Step 9 – Windows (frames)	Munster joinery Ecoclad 120+ frames	<u>10</u>	11	<u>7.3</u>	<u>112</u>	We are at Passive House standard with inefficient window frames. Any new build attaining PH would be expected have bett performing components
Step 10 – Windows (glazing)	Low –e argon filled double glazing throughout Planitherm Ultra N double glazing to classrooms	<u>10</u>	11	7.7	<u>112</u>	There is no need to reduce heat losses further and therefore the expense of tripl glazing is not necessary. It still may be desirable to have triple glazing in a Passiv House building.

(glazing)	Planitherm Ultra N double glazing to classrooms					glazing is not necessary. It still may be desirable to have triple glazing in a Passive House building. The higher light transmission glazing in the classrooms will improve daylighting to the space. Overheating is creeping up
Step 10 – Shading	Temporary summer shading device to high level windows in classrooms	<u>10</u>	11	<u>4.7</u>	<u>112</u>	Overheating at 23°C is 13.0% Continue
Step 11 – Shading	External shading shelf at 2250mm to classroom windows	<u>10</u>	11	<u>3.9</u>	<u>112</u>	Overheating at 23°C is 12.2% Continue
Step 12 – Summer Ventilation	Single sided daytime ventilation by opening windows in classroom for 8hrs each day Openings restricted to 150mm	<u>10</u>	11	<u>0.8</u>	<u>112</u>	Overheating at 23°C is 8.9%
Step 13 – Electricity	High efficiency lighting throughout	<u>10</u>	11	0.8	<u>91</u>	3.0 W/m ²
Step 14 –	High efficiency equipment	10	11	0.8	83	Select low energy options for kitchen,

PHPP Verification of Passive House

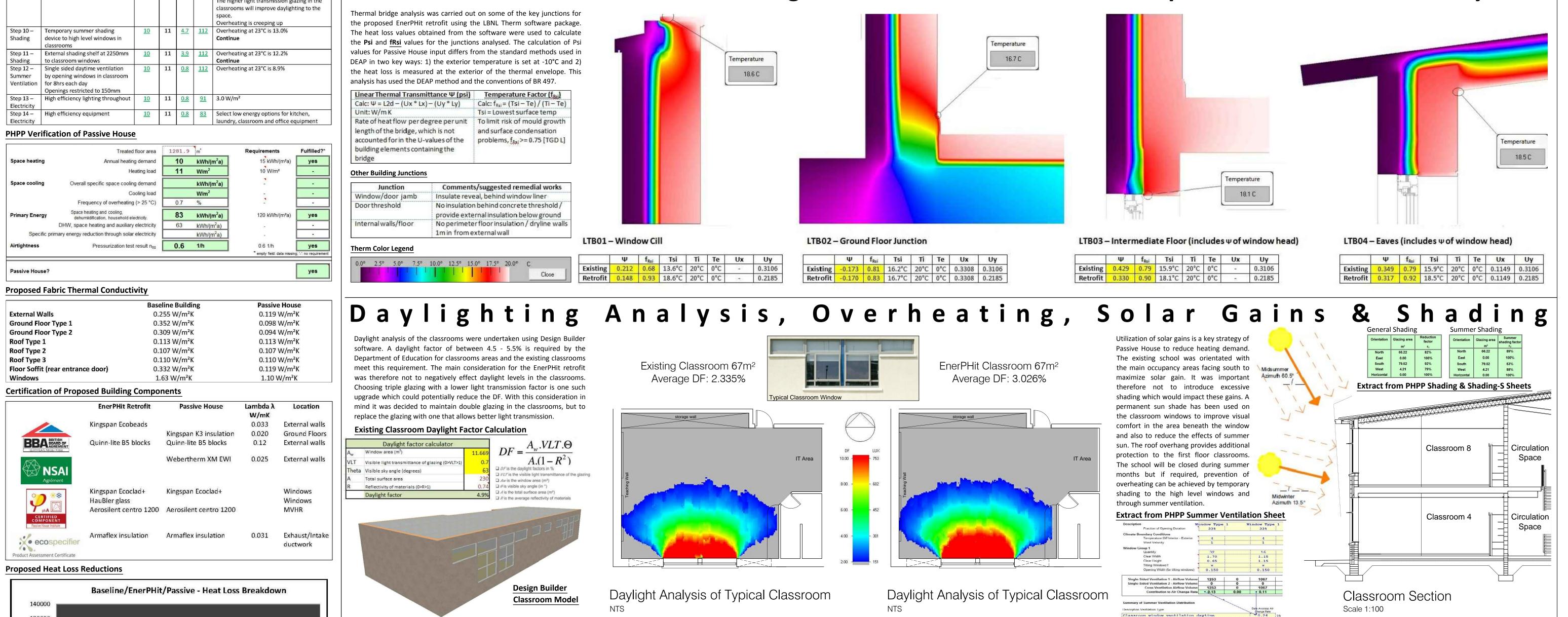
	Treated floor area	1281.9	m	Requirements	Fulfilled?*
Space heating	Annual heating demand	10	kWh/(m ² a)	15 kWh/(m²a)	yes
	Heating load	11	W/m ²	10 W/m ²	
Space cooling	Overall specific space cooling demand		kWh/(m ² a)		-
	Cooling load		W/m ²	5	-
		1 Store 11			1

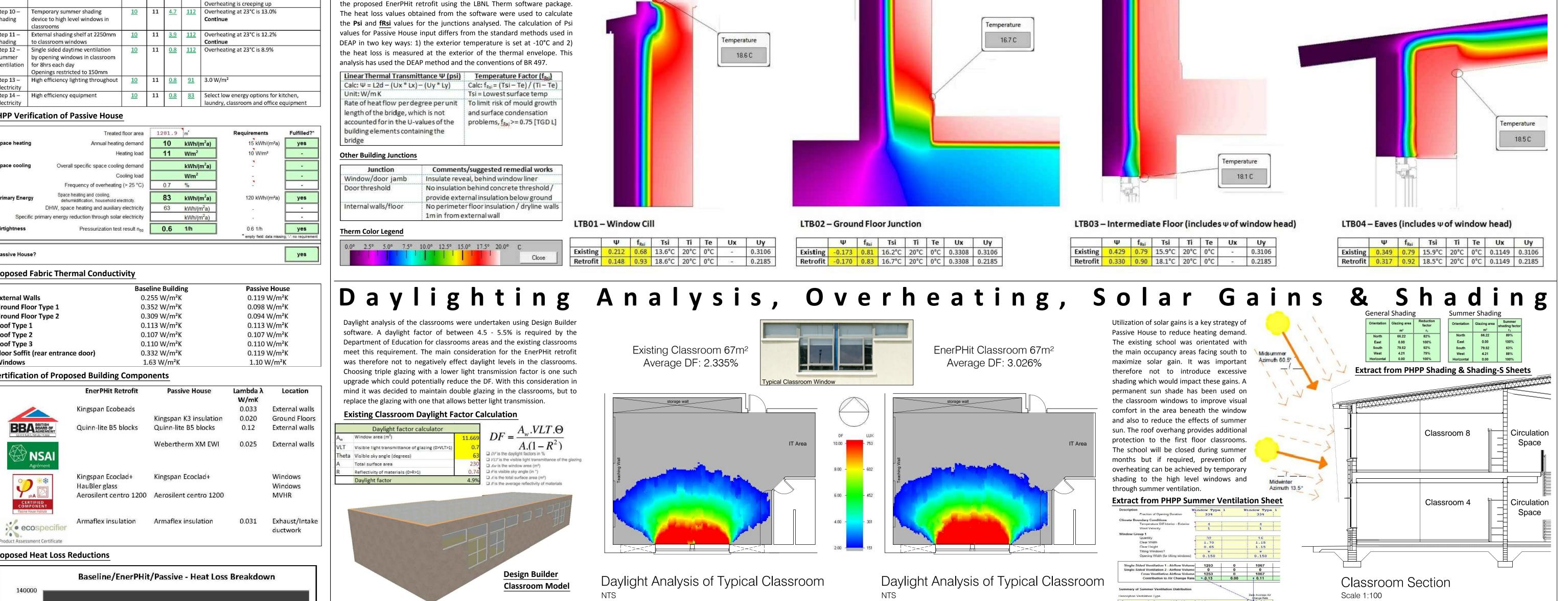


Linear Thermal Bridge & Surface Temperature Analysis

the proposed EnerPHit retrofit using the LBNL Therm software package. the heat loss is measured at the exterior of the thermal envelope. This

 $Calc: \Psi = L2d - (Ux * Lx) - (Uy * Ly)$ Unit: W/mK Tsi = Lowest surface temp Rate of heat flow per degree per unit length of the bridge, which is not and surface condensation accounted for in the U-values of the building elements containing the





- Mechanical Ventilation With Heat Recovery Systems

Efficient heat recovery ventilation is key to achieving Passive House standard, allowing for good indoor air quality and energy saving. In Passive House, at least 75% of the heat from the exhaust air is transferred to the fresh air again by means of a heat exchanger. Using MVHR can significantly increase the Primary Energy demand for the building so it is essential to select the most efficient system cable of meeting the supply/extract demand for the building.

The ventilation system is sized by selecting the greater requirement from fresh air, extract air or the minimum air change. In the case of the proposed school the design air flow is 3600m³ and is based on the supply air requirement.

The MVHR selected is the Aerosilent Centro 1200 which is Passive House Institute certified for air flow rates of 660 - 1230 m³/h at an external pressure of 235 Pa (requirements non residential buildings). Four of these units are required with the building divided into four zones accordingly.

The relevant MVHR specifications are as follows: • Heat recovery efficiency - 83% Electrical efficiency - 0.45 Wh/m³

Walls

16029

13327

7487

Passive

• Exhaust/Intake duct lengths - 3.2m

• Ψ value of ambient/exhaust air ducts 0.338 W/mK



120000

100000

≥ 80000

≩ 60000

40000

20000

Baseline

📕 EnerPHit

Heating Energy Balance

Passive

200000

150000

100000

Ventilation

117836

19479

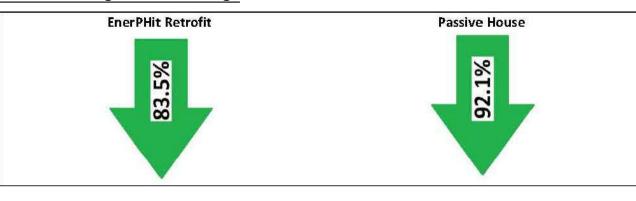
14543

Losses

25482

15375

17172



🖉 Ventilation 📱 Windows 📑 Floors 📑 Roofs 📑 Walls 👘 Passive Solar Gains 📑 Internal Gains 📑 Annual Heating Demand

Floors

8580

8580

3329

100000

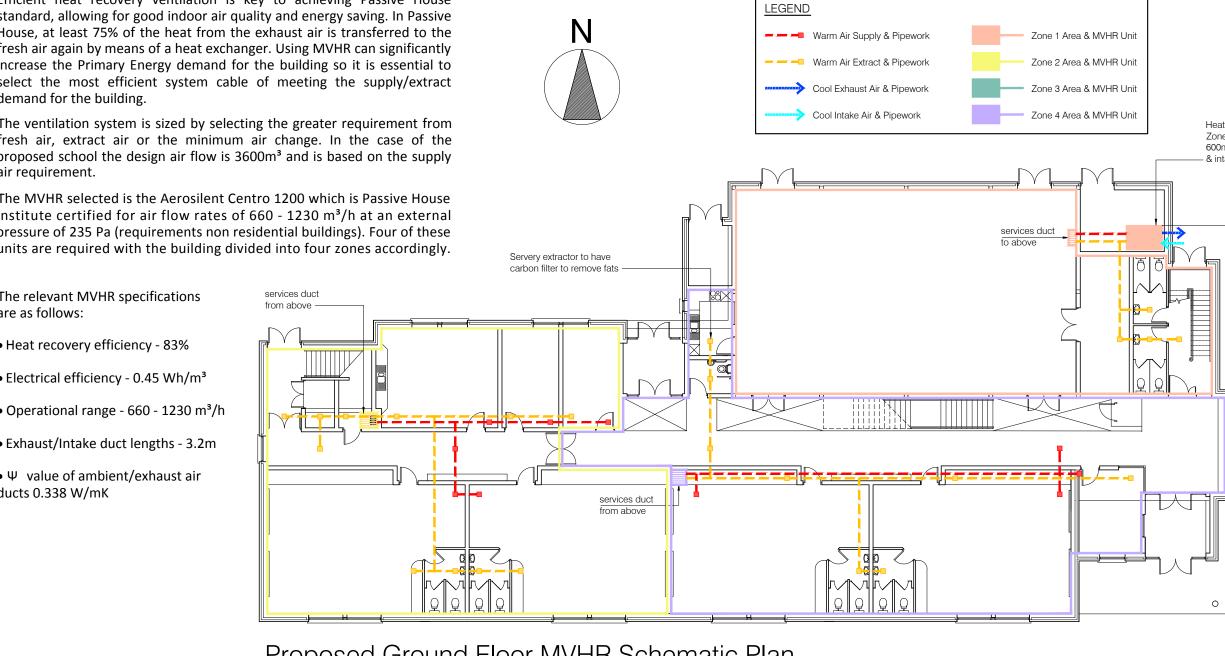
Roofs

7277

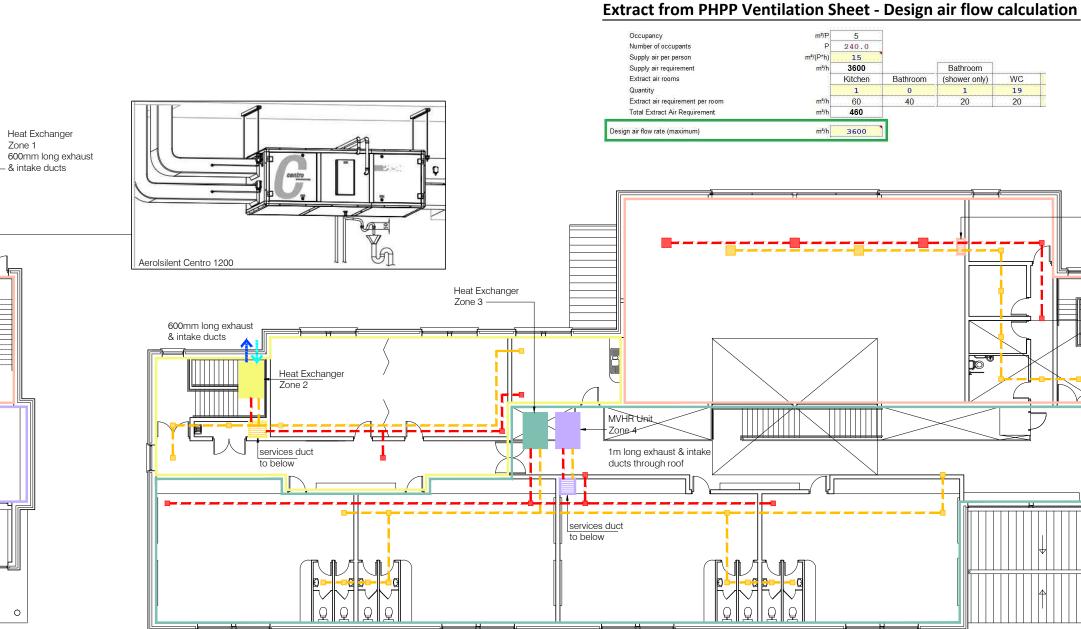
7277

7237

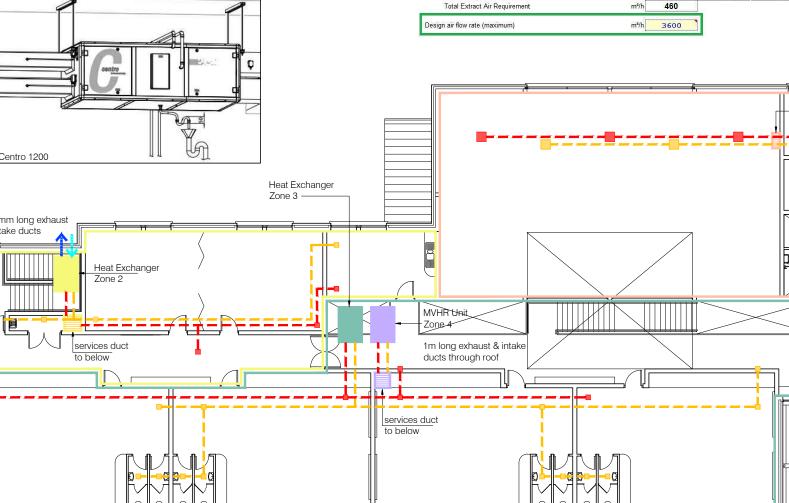
Gains



Proposed Ground Floor MVHR Schematic Plan Scale 1:200



Proposed First Floor MVHR Schematic Plan Scale 1:200



services duct

from below