

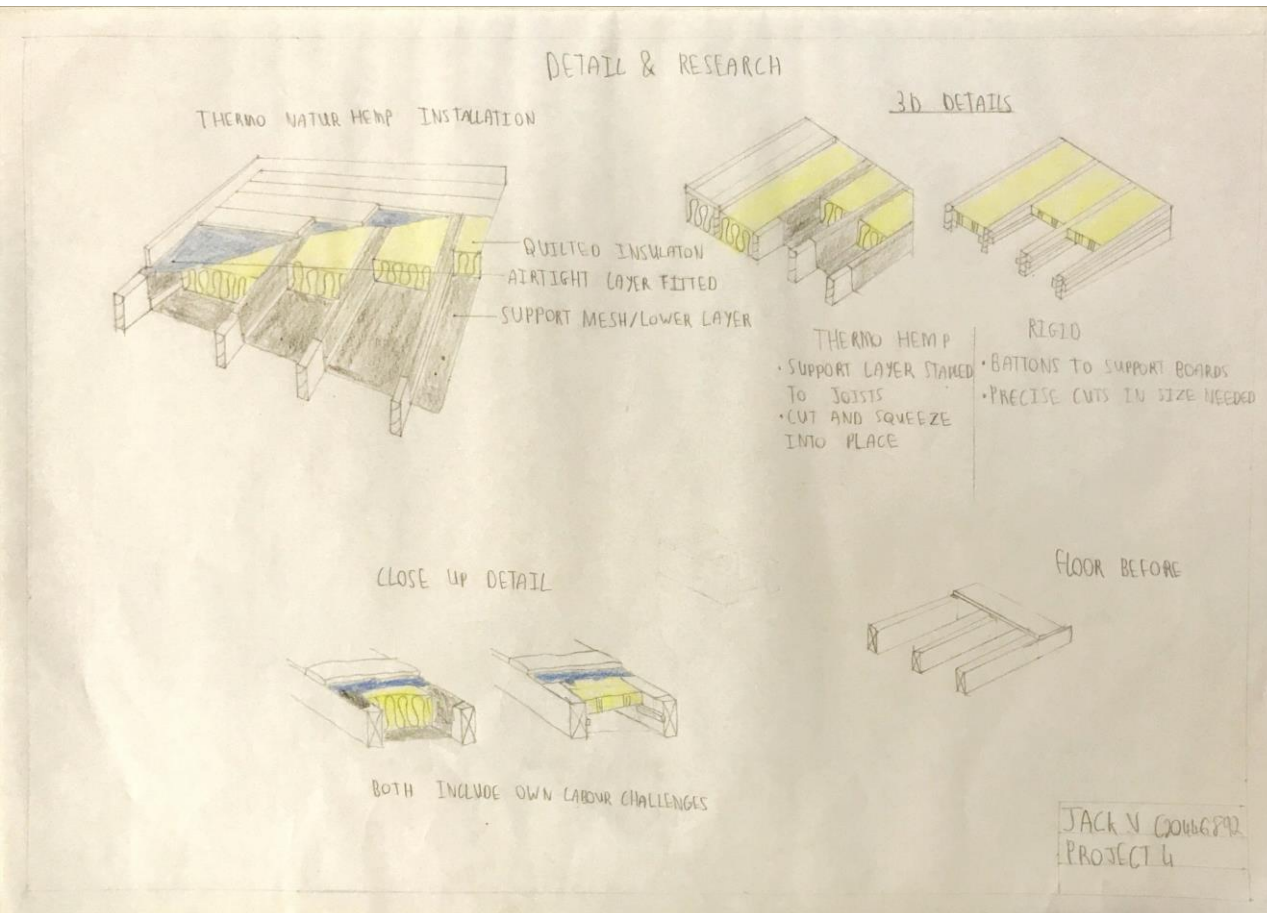
TU831 TECH1106 TDS

*Project 4 Part B: Garden
Shed Office Retrofitting Details*

Group B1 – Sean Molloy, Emma Byrne, Odeta
Gudonyte, Ling Zhao, Jack Vaughan.

Floor details and upgrades

- Original floor is basic floor solely for support
- There is no present membrane or insulation present in the floor
- Build up consists of timber joists on a sleeper wall with t&g floorboards
- By adding sufficient insulation between the joists with an airtightness layer we can meet the regulations in accordance with TGD L



Jack Vaughan

Materials and options

- Thermo Natur Thermo Hemp

supported by

- Pro Clima Solitex Plus hemp quilt.



Fig.1



Fig.2



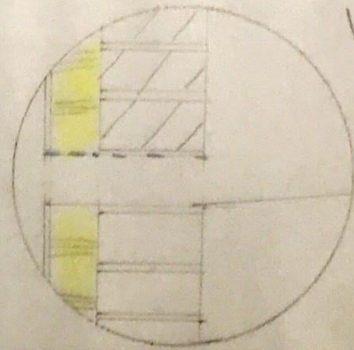
Fig.3

Alternatives

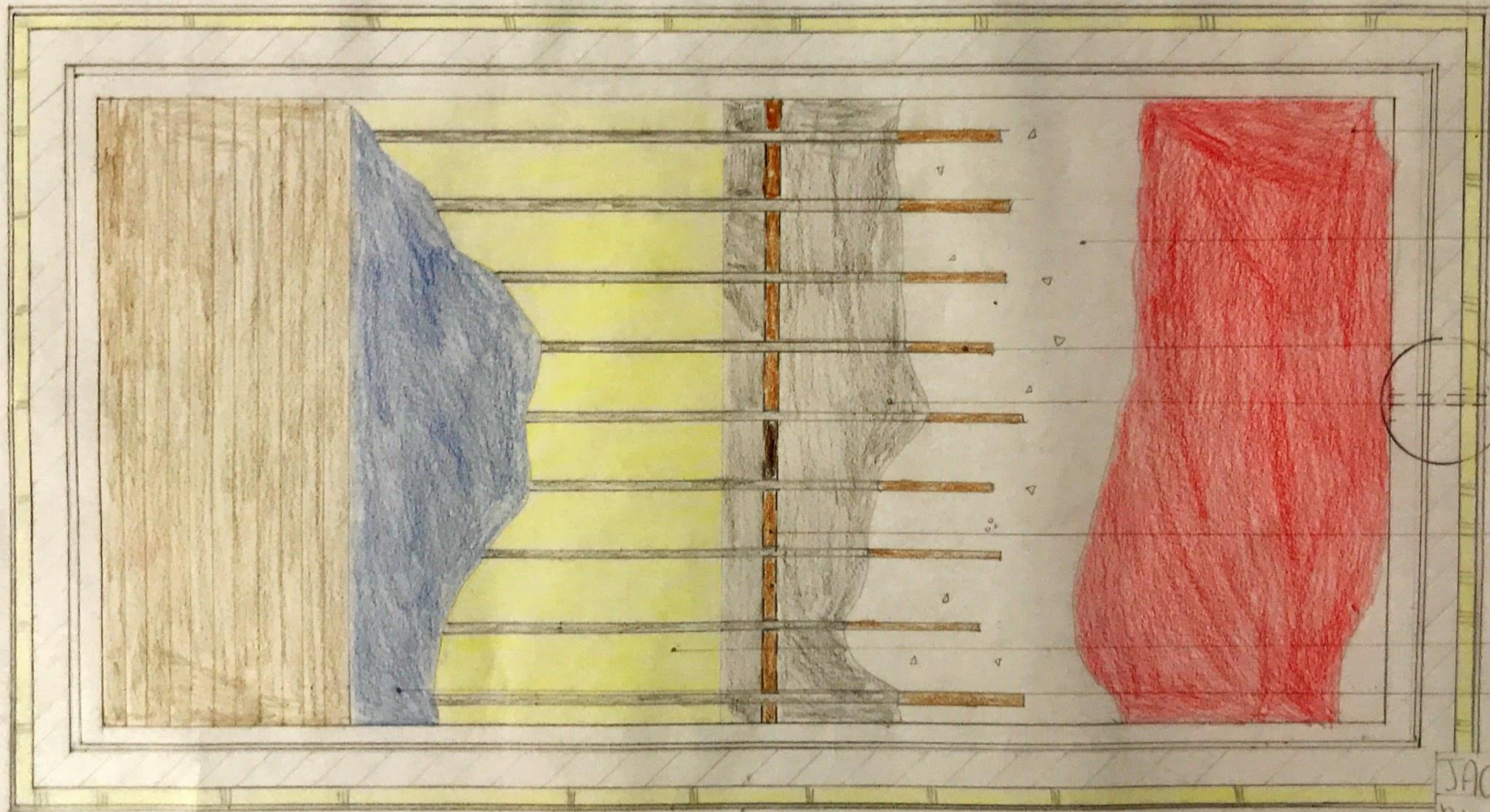
Using rigid insulation

Battens in place of the

VENT DETAIL



Ø 100 VENT PIPE



RADON BARRIER

SCREED (SAND AND CEMENT)

175x44 JOISTS
BREATHABLE MEMBRANE / MESH

SLEEPER WALL 100x100 WT

QUILTED INSULATION
AIRTIGHT MEMBRANE

JACK V COBBLESTONE
PROJECT 4 B
SCALE 1:25

Floor

Using Thermo Natur Thermo Hemp we were able to meet the u-value standards for floors ending up at $.=0.178\text{W}/\text{M}^2\text{k}$ meeting the $0.18\text{W}/\text{M}^2\text{k}$ level for new dwellings and the $.45\text{W}/\text{M}^2\text{k}$ rating for existing dwellings floors

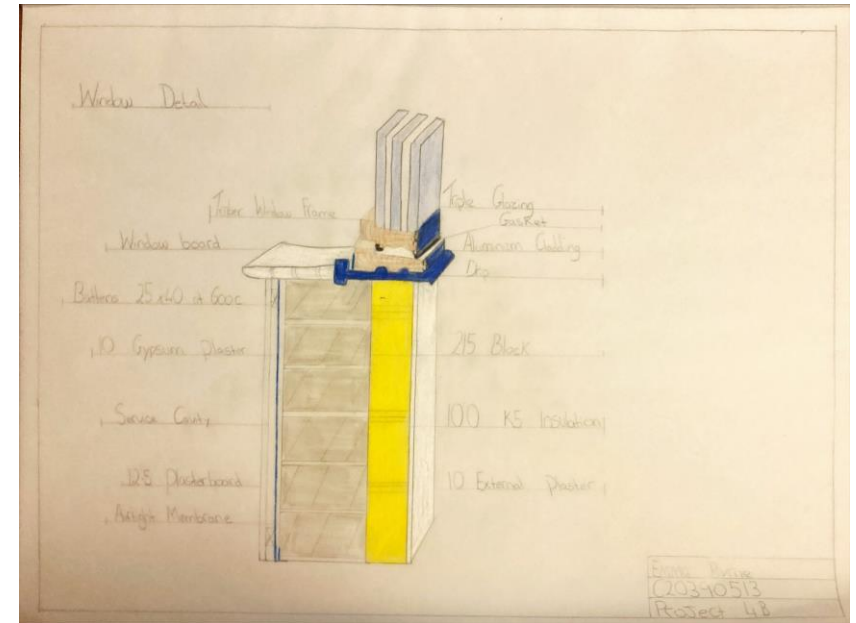
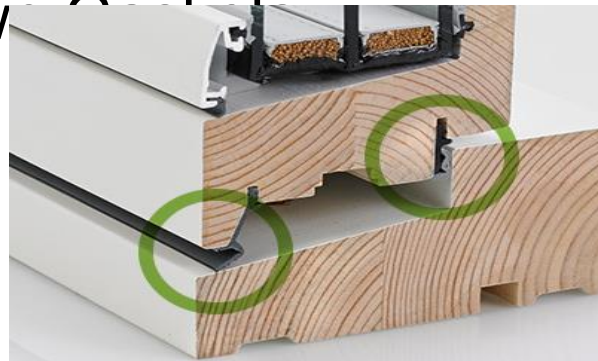
Floor Construction	Thickness (in meters, d)	Thermal Conductivity (W/mK , l)	Thermal Resistance ($\text{m}^2\text{K}/\text{W}$) $R = d/l$
External Resistance			0.06
Thermo Natur Thermo Hemp	0.16	0.04	4.00
Timber Joist	0.175	0.13	1.35
Floorboard	0.025	0.17	0.15
Airtight layer	0.00045	0.17	0.00
Insulation support	0.00055	0.17	0.00
Internal Resistance			0.06
Total Resistance			5.62
U-value			0.178

Windows & Doors

- Rationel Timber Aluminum Modern Window.
- Triple glazing, Timber Frame aluminum clad.
- The Cladding is durable.



They have two



<https://www.rationel.ie/windows/modern-style/aura-plus>

Windows



The bottom of the window opening should be a minimum of 800mm and no more than 1100mm from the floor. Guarding is required if less than 800mm. **(T.G.D.B)**



U-Value: The triple glazing has a U-Value of **0.79 W/m² K**



Sound Reduction of **42 dB Rw.**

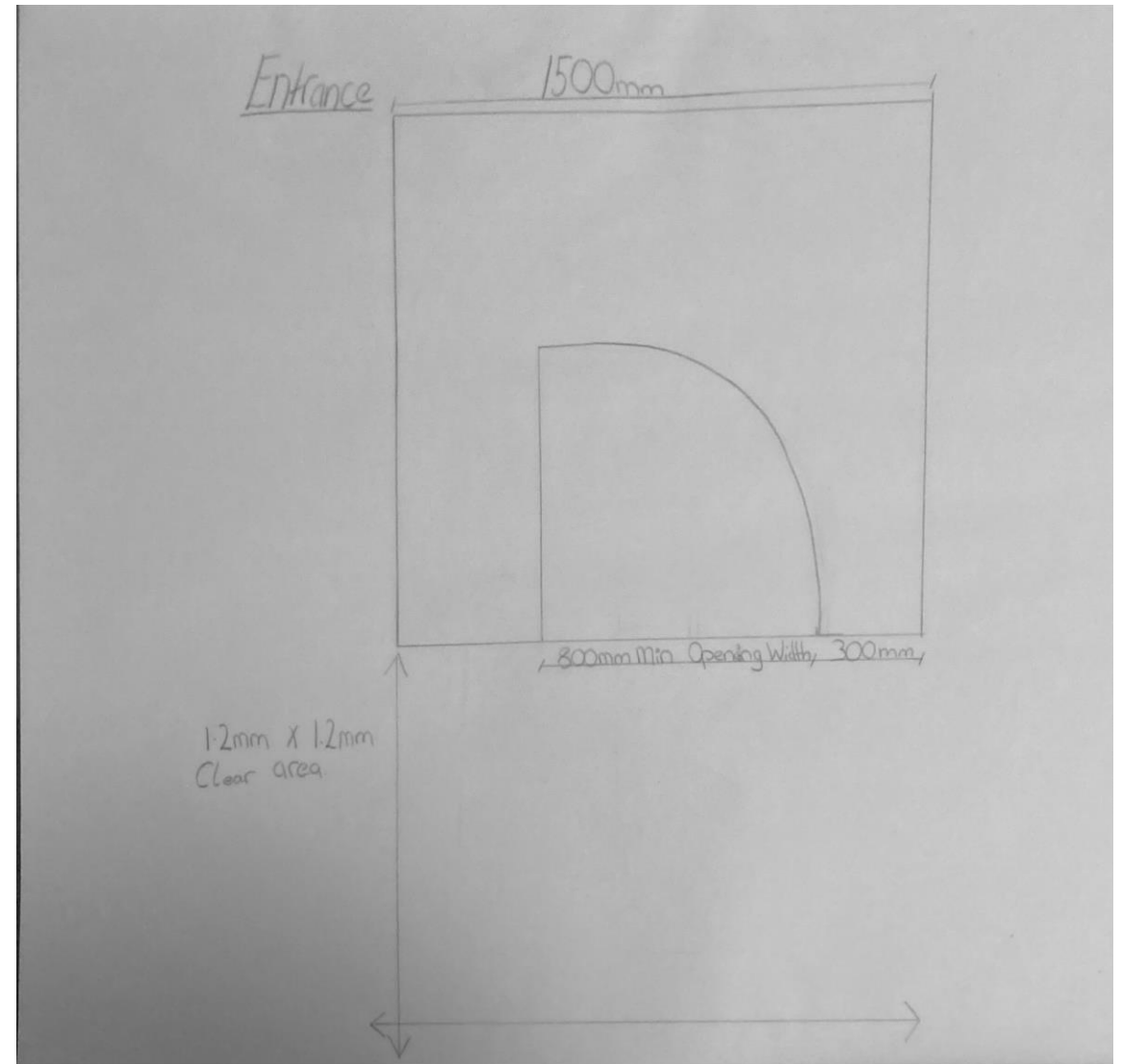
Doors

The entrance door:

The minimum effective clear opening width of the entrance door should be 800 mm. **(T.G.D.M)**

The headroom for the entrance should be 2100 mm. **(T.G.D.M)**

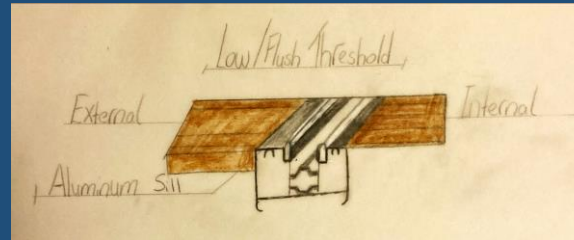
The main entrance to the dwelling should have a clear area at least 1.2m wide and at least 1.2m deep in front of the entrance.



Patio Doors

- **Bi-Fold Door**

- Available in Low/Flush Threshold, ideal for wheelchair/Disabled access.



- Available in inward and outward opening, Opening outward is better for wheelchair users as the door won't cause any internal obstruction and you don't have to worry about any furniture being in the way of the door opening like you would with an internal opening.
- Although there is more room for thermal bridging in bi-folding doors as there is more frame in them, the Fairco Bi-Folding doors are fitted with a thermal break to combat this issue.
- You don't have to open the whole door completely as there's a standard-style door at one end, which you can use to go in and out without having to fold the panels.

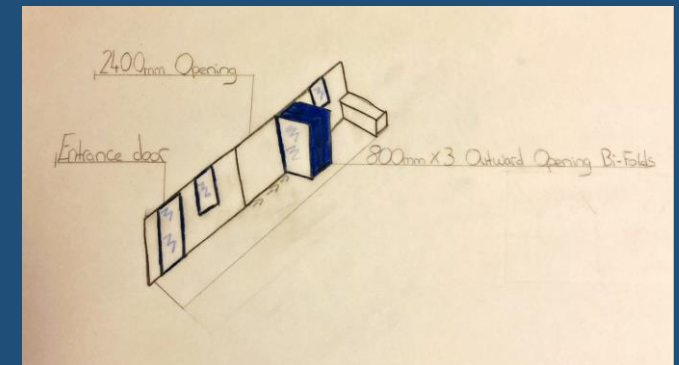
<https://fairco.ie/doors/bi-folding/>

- **Sliding Door**

- Typically have a higher Threshold than bi-fold doors which is unsuitable for wheelchair access.



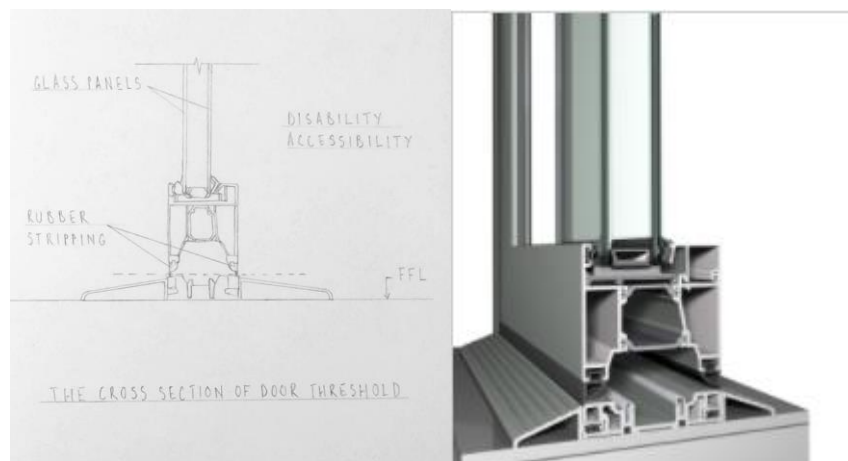
- <https://fairco.ie/doors/sliding-doors/>
- Less Versatile than a bi-folding door.
- Sliding doors are typically better at keeping heat in as there is more glazing.



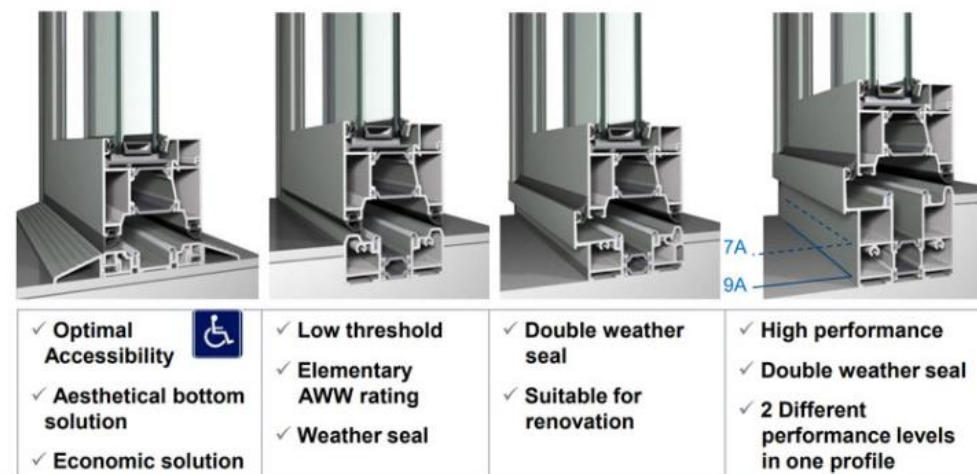
Outward Opening Bi-Folds

Bi-Fold Door Thresholds Comparison

Ease of Access



Better Weathering Capabilities



Wall Research

RESEARCH



ORIGINAL CONCRETE BLOCK WALL WITH INTERNAL PLASTER AND EXTERNAL RENDER

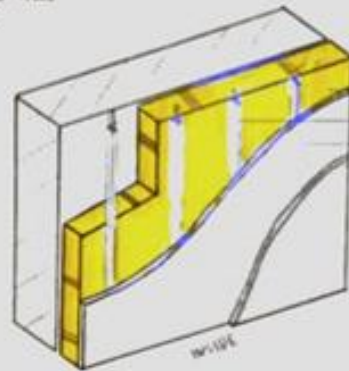
U-VALUE CALCULATION:

MATERIAL	THERMAL COND.	RESISTANCE
EX. SURFACE	-	0.042
EX. RENDER	1.00 / 17MM	0.017
CONC. BLOCK	0.92 / 215MM	0.371
IN. PLASTER	0.43 / 13MM	0.03
IN. SURFACE	-	0.130
RESISTANCE	-	0.409
U-VALUE	-	1.66 W/M ² K

REQUIRED U-VALUE : 0.45

OPTIMA DRY LINING SYSTEM

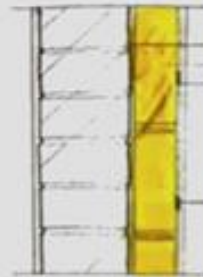
ISOVER METAL PROFILES HOLD INSULATION IN PLACE



ISOVER GLASSWOOL INSULATION
OPTIMA LIGHTWEIGHT CONCRETE
ISOVER CLIMATE MEMBRANE
GYPROC PLASTERBOARD

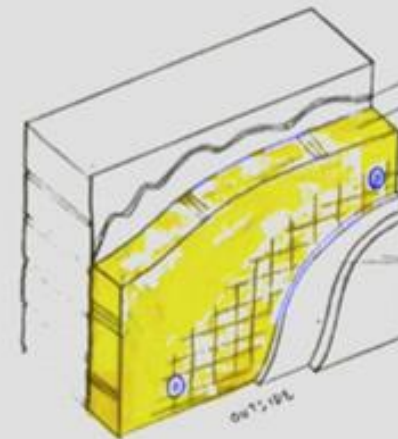
U-VALUE OF WALL WITH OPTIMA DRY LINING SYSTEM IS 0.416 W/M²K, COMPLIANT WITH TECHNICAL GUIDANCE DOCUMENT PART L

KINGSPAN KOOLTHERM KS EXTERNAL WALL BORED



BEDDING COMPOUND / ADHESIVE
KINGSPAN KOOLTHERM KS
RENDER SYSTEM INCORPORATING
EML OR GLASS FIBRE MESH

MECHANICAL FIXINGS



BEDDING COMPOUND / ADHESIVE
KINGSPAN KOOLTHERM KS

MECHANICAL FIXINGS

RENDER SYSTEM
INCORPORATING EML
OR GLASS FIBRE MESH

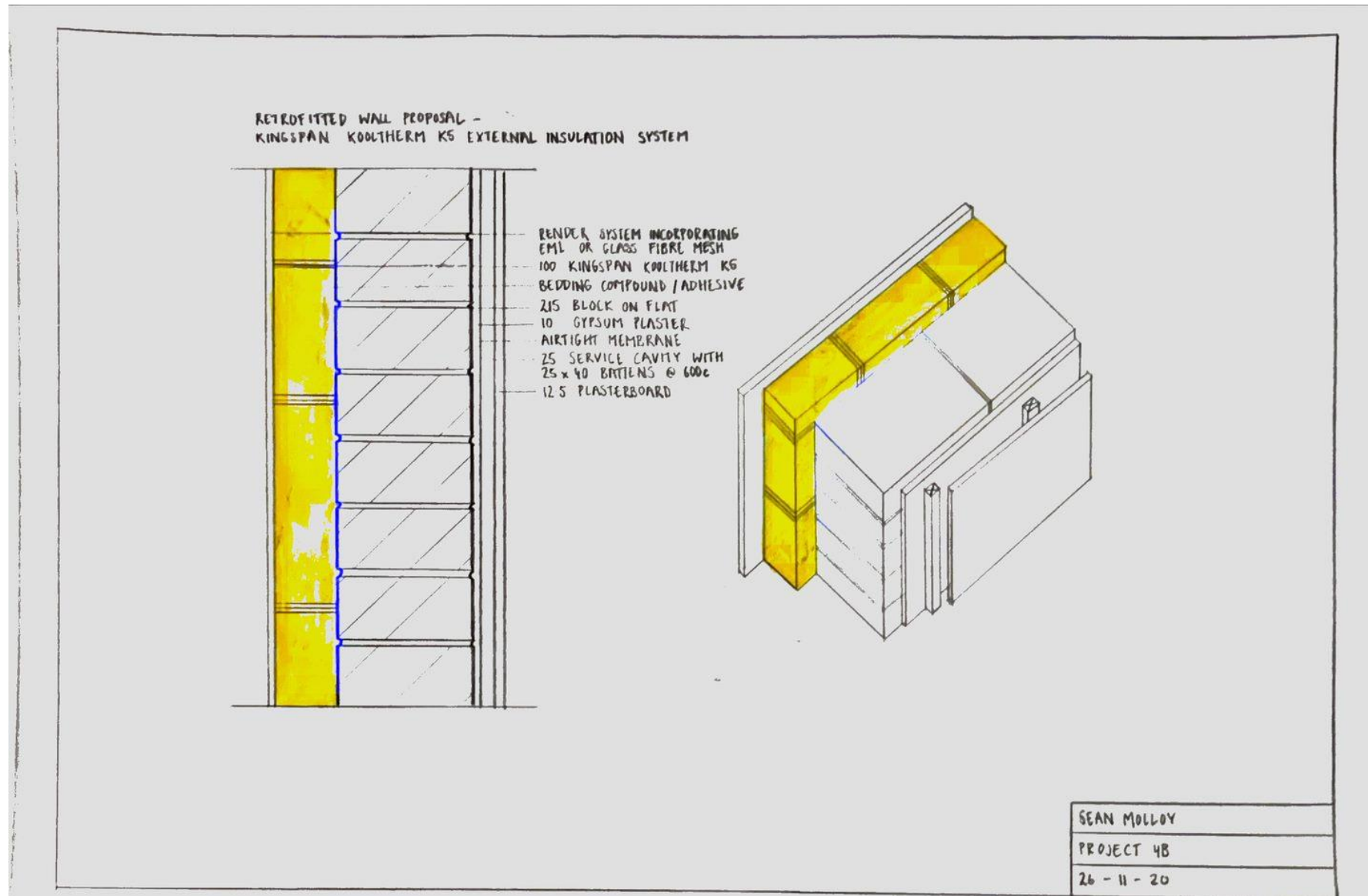
U-VALUE OF WALL WITH KINGSPAN KOOLTHERM KS WALL BORED (100MM) IS 0.11 W/M²K, COMPLIANT WITH TECHNICAL GUIDANCE DOCUMENT PART L

SEAN MOLLOY

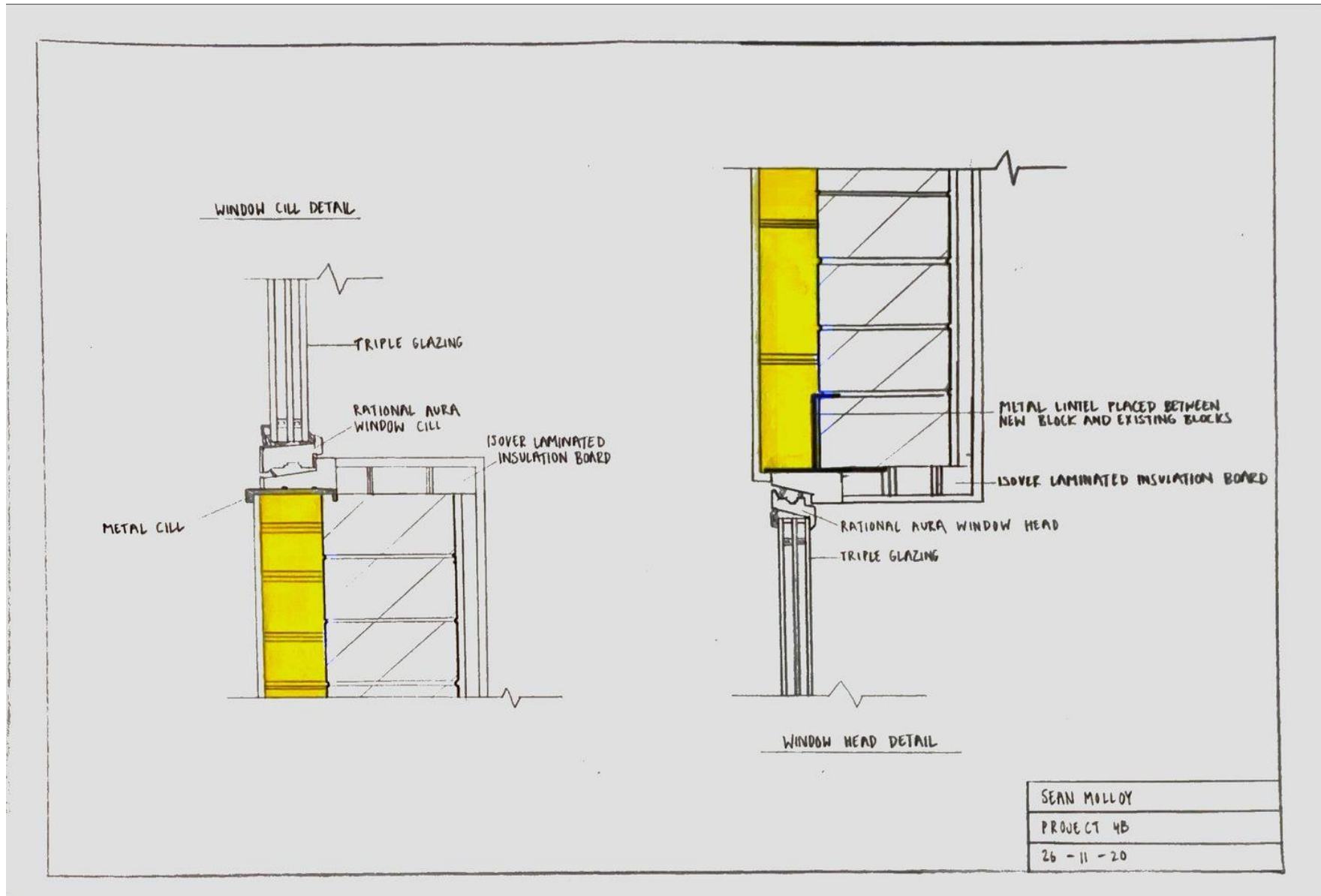
PROJECT 48

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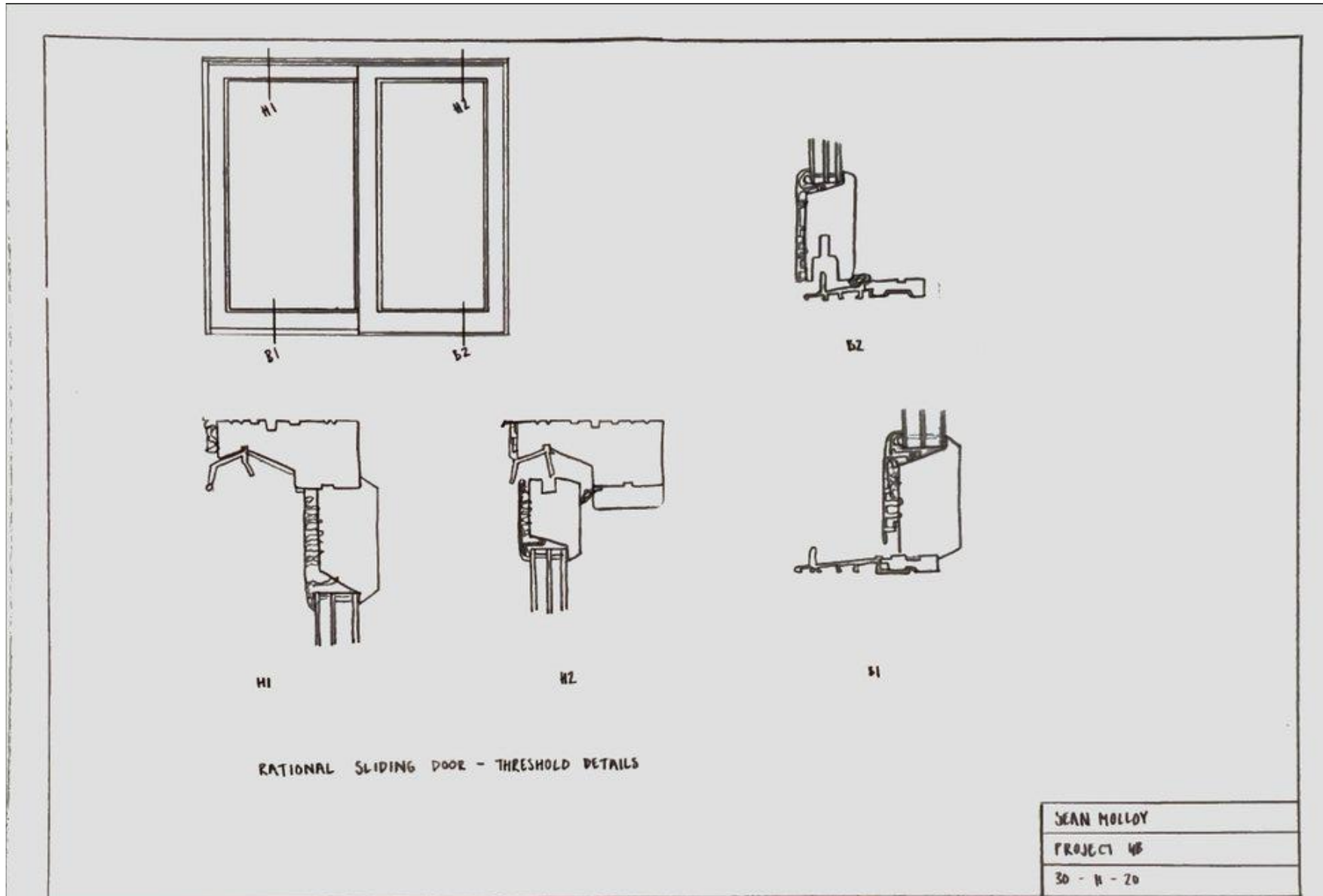
Complete Wall Detail

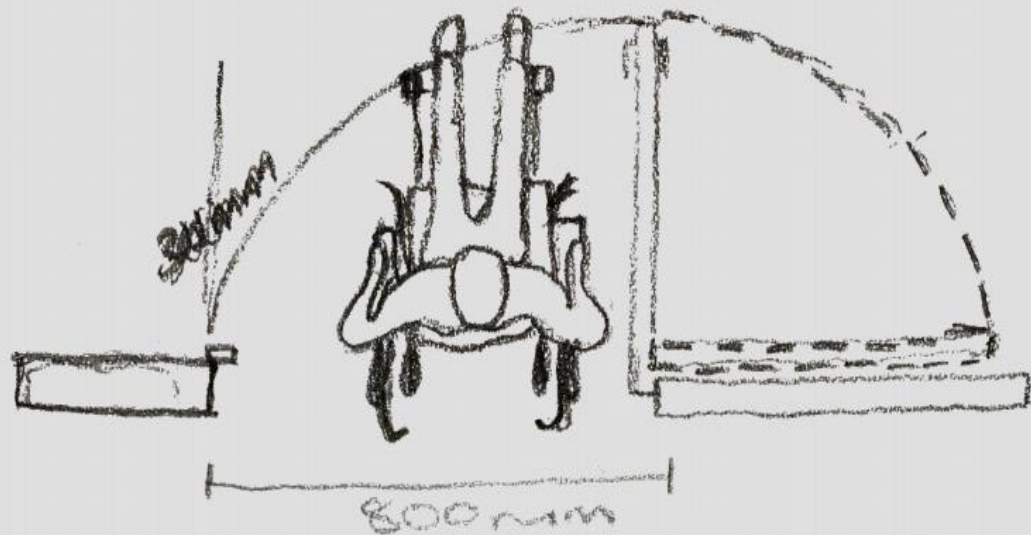


Window Cill and Head Detail



Sliding Door Threshold Detail



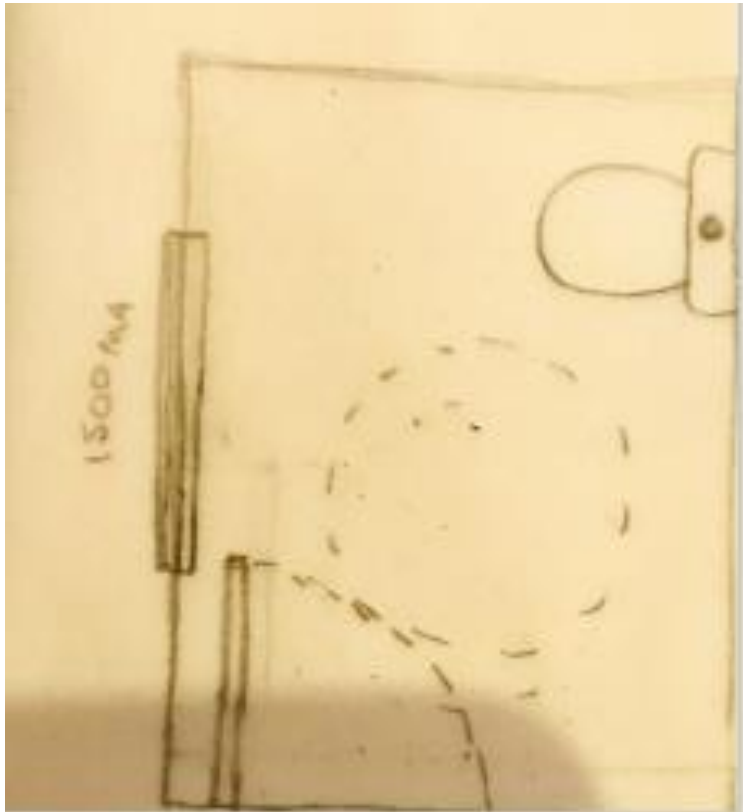


THE MINIMUM CLEAR OPENING
WIDTH OF A WHEELCHAIR ACCESSABILITY
ENTRANCE SHOULD BE 800mm

Doors would need to have a minimum clear opening of 800mm

The threshold ideally should be flush with the floor surface (otherwise max height 15mm)

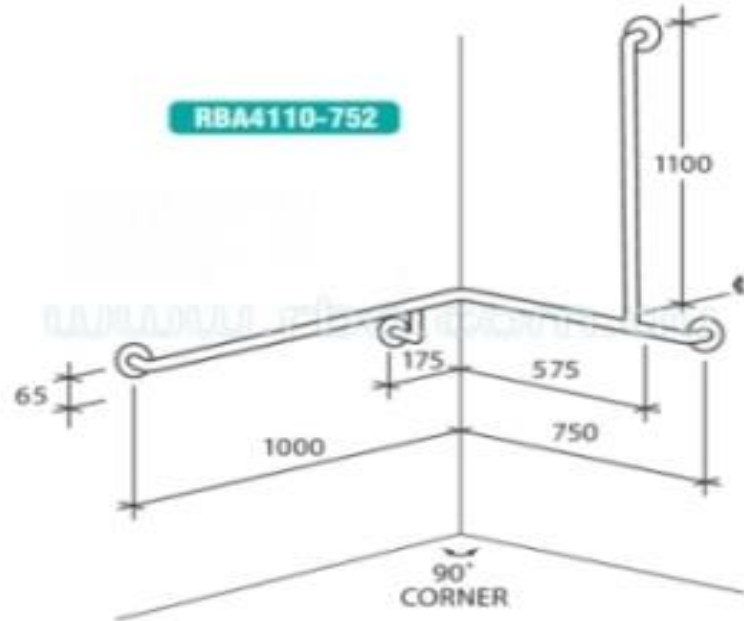
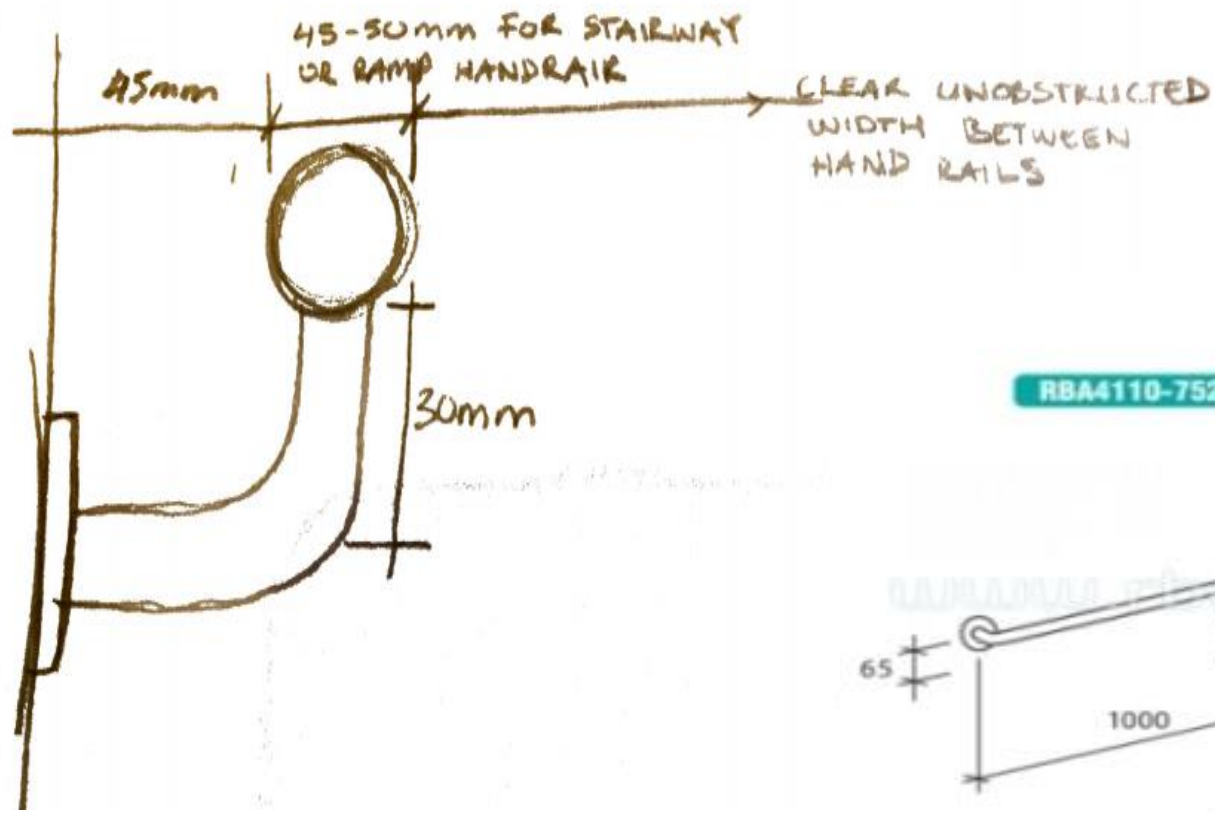
And also doorbell at a height between 900 mm and 1200 mm



Fold up grab rail 400 mm long on open side of toilet should be provided

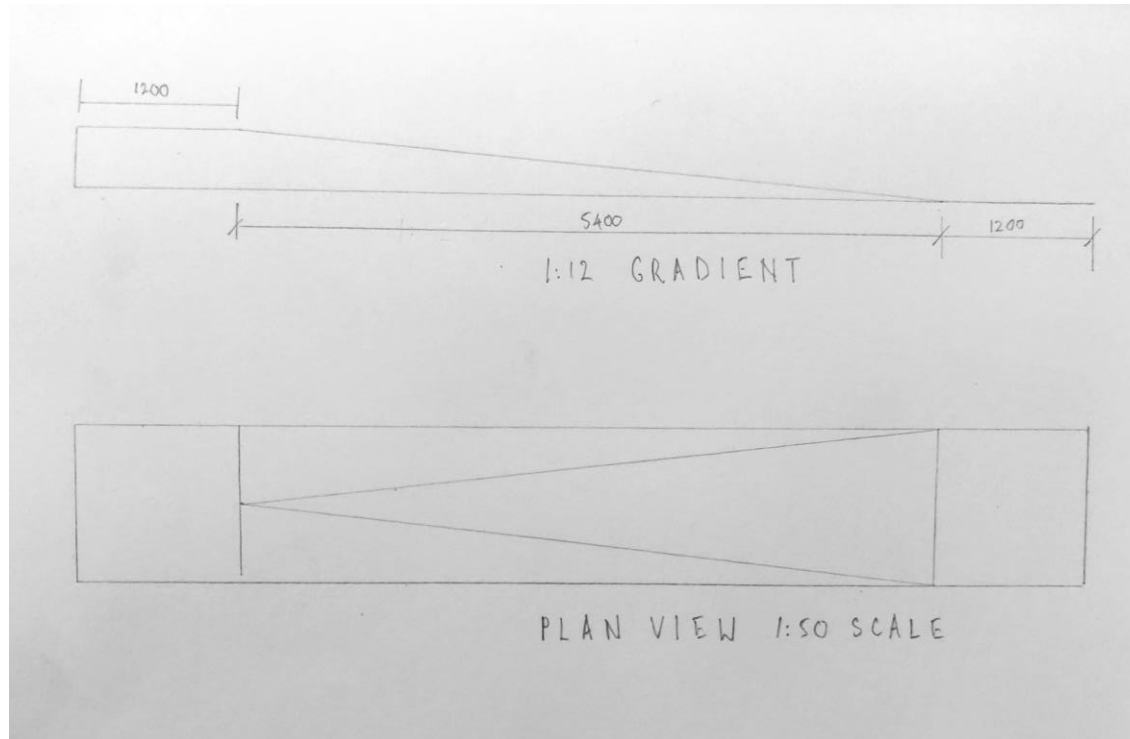
Lever type handle fitted to toilet for ease of use

Minimum door length should be 800mm for wheelchair access



This is the types of handrails that also should be provided for disabilities for easier access

Access Ramp

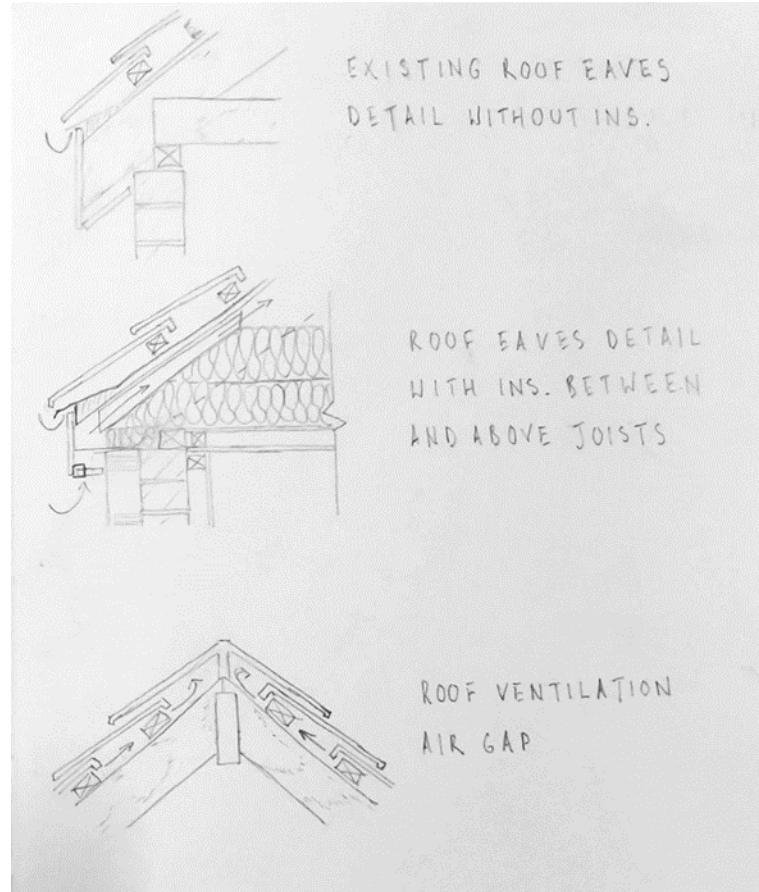


- Decision to with a 1 in 12 Gradient Ramp (1:12) .
- FFL is 450 mm above GL. External decking is 1500x7500.
- Ramp is to be installed on the front left side of the structure.

Roof and Eaves Details

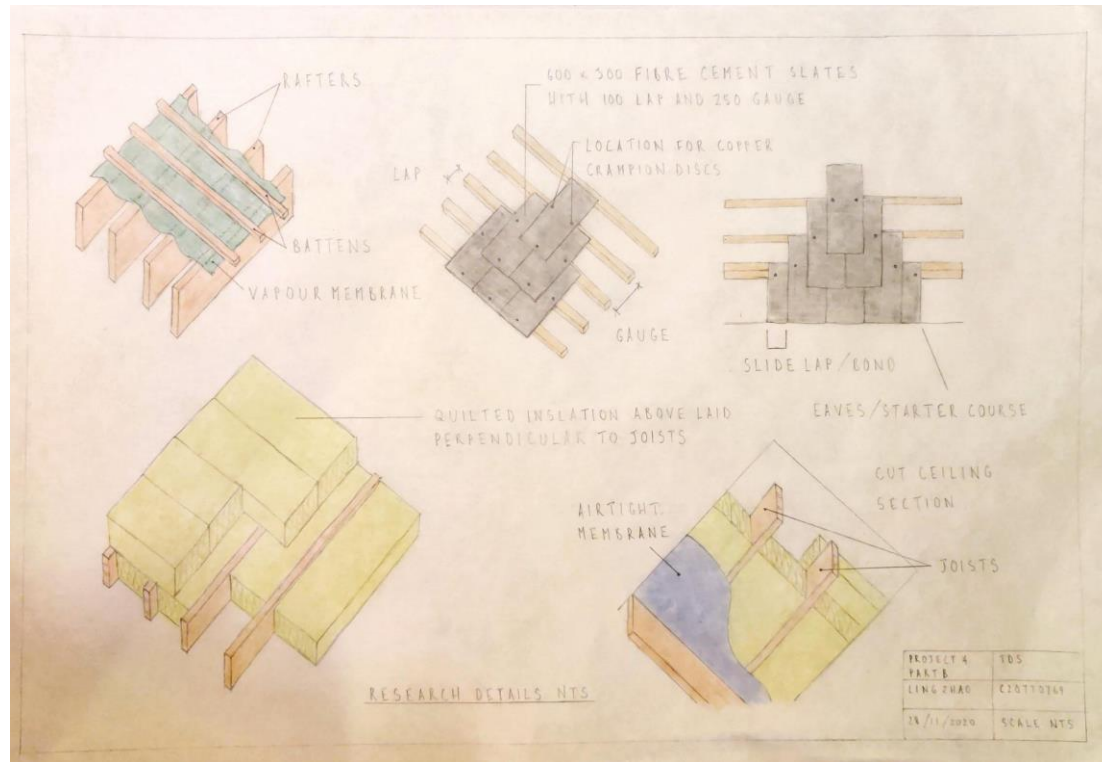
- Roof is a close couple "cut" structure.
- Current roof has no insulation or airtight membrane.
- Roof covering is comprised of 600 x 300 slates on sarking felt on battens.
- By adding adequate insulation and membrane layers, the building can be brought up to current regulations in accordance with TGD part L.

Eaves Detail Research



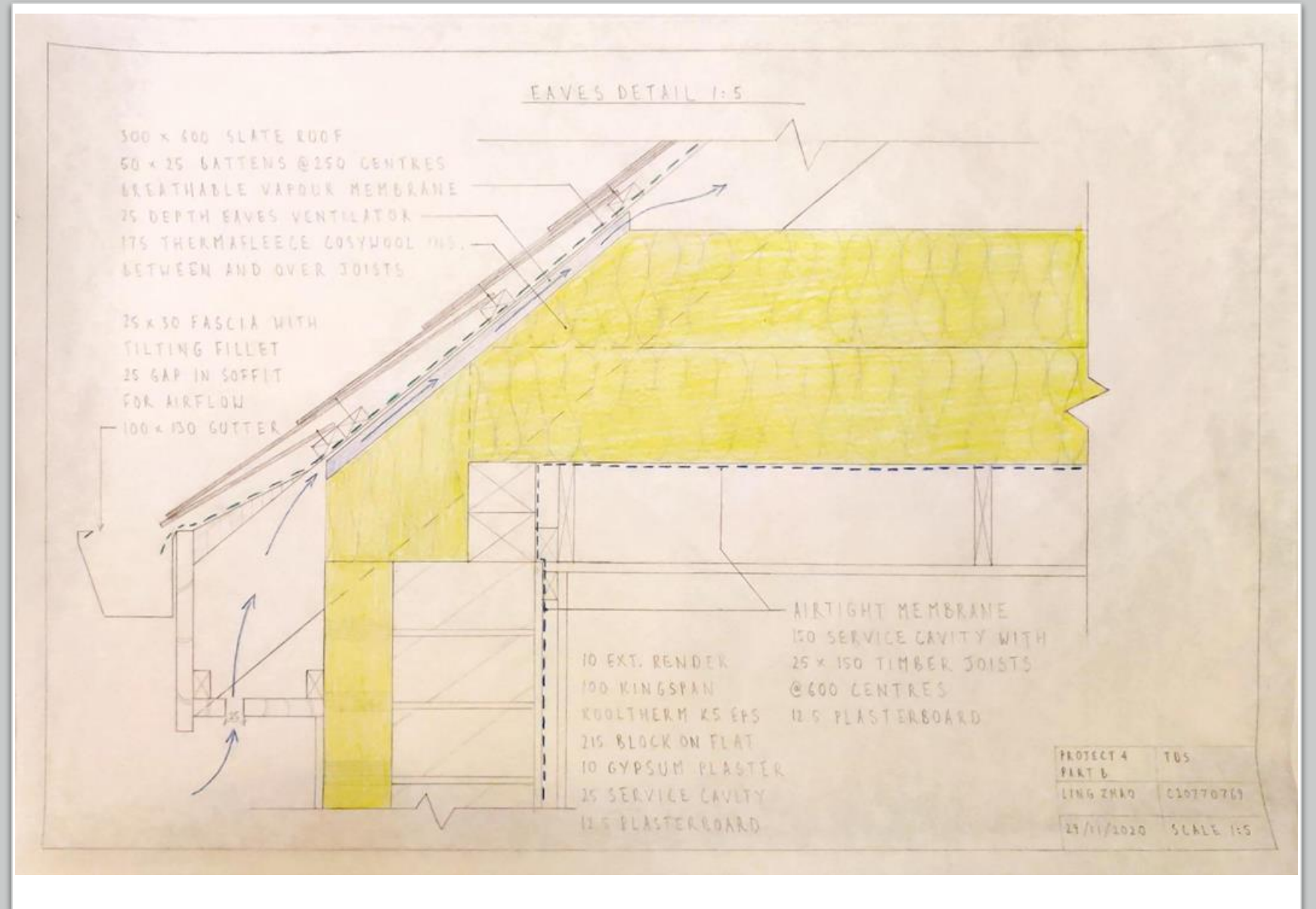
- Decision of making it a cold roof structure.
- Process of adding quilted insulation to the ceiling joists.
- Insulation envelopes the room with little to no cold bridges.
- Roof ridge ventilation lets air flow allowing the roof to “breathe”.

Eaves Detail Research (cont.)



- A breathable vapour control membrane is laid under the battens.
- Slates are to be lapped, starting with a half slate for a flush finish.
- Insulation above is laid perpendicular to the joists to prevent cold bridges.
- Airtight membrane layer placed under ceiling joists.

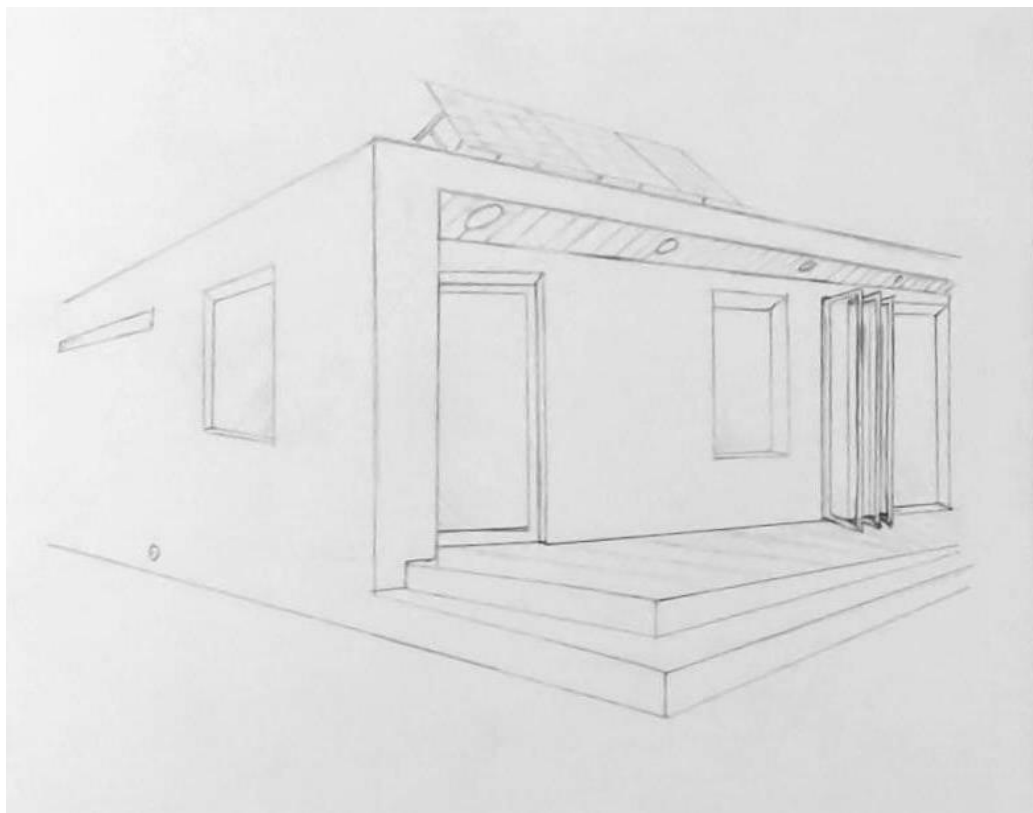
Eaves Detail Scale 1:5



Alternative Considerations

- Using a flat roof in place of a cut pitched roof.
- Flat roof would be insulated and meet the regulations of TGD part L of having a 0.16 – 0.2 W/m²K U-value.
- Using Kingspan U-value calculator, a 0.16 W/m²K with 70 mm cold flat roofing and 72.5 plasterboard.
- Compared to pitched roof 0.11 W/m²K U-value.

Flat Roof Sketches and Ideas



ROOF MEMBRANE ON UNDERLAY
ON PLYWOOD DECKING

2 NO. LAYERS OF 100mm EPS
WITH 25X25 BATTENS INLAID

PLYWOOD SEALED TO JOIST
WITH SILICONE EITHER SIDE OF
JOINT TO FORM AIRTIGHT LAYER

100X50 TIMBER SET INTO BOT-
TOM EPS LAYER SUPPORTING
FASCIA TIMBER

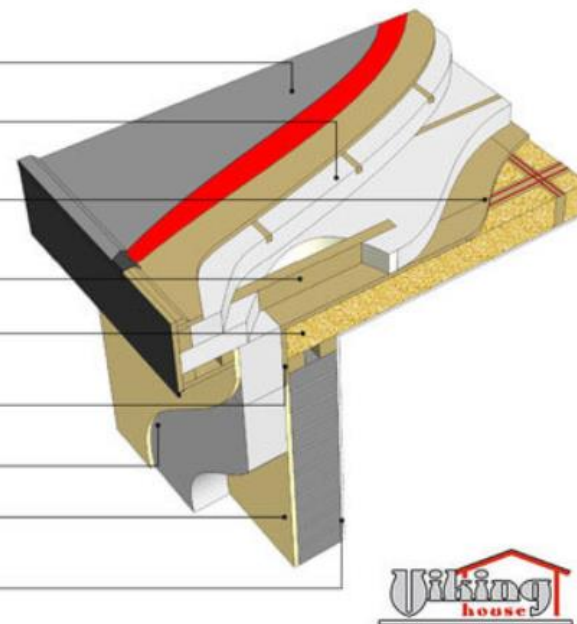
150mm ROCKWOOL BETWEEN
JOISTS ON 75X75 WALLPLATE

PLYWOOD LAYER TURNED DOWN
AND SEALED TO RENDER

BREATHABLE RENDER ON 200
EPS INSULATION

22mm SAND CEMENT RENDER
AIRTIGHT LAYER ON 215 BLOCK-

14mm INTERNAL PLASTER LAYER



Flat Warm Roof Block

References

- https://www.rationel.ie/public/uploads/pdf/Windows_and_Doors_Brochure.pdf
- <https://www.rationel.ie/windows/modern-style/aura-plus>
- <https://www.rationel.ie/uploads/drawings/Sliding%20doors.pdf>
- <https://www.housing.gov.ie/sites/default/files/migrated-files/en/Publications/DevelopmentandHousing/BuildingStandards/FileDownload%2C18752%2Cen.pdf>
- <https://www.ecomerchant.co.uk/news/a-brief-history-of-building-regulation-u-values-with-examples/>
- <https://www.ecologicalbuildingsystems.com>
- <https://www.housing.gov.ie/housing/building-standards/tgd-part-l-conservation-fuel-and-energy/technical-guidance-document-l-2>
- <https://www.housing.gov.ie/sites/default/files/migrated-files/en/Publications/DevelopmentandHousing/BuildingStandards/FileDownload%2C18751%2Cen.pdf>
- Fig.1,.2,.3: <https://www.ecologicalbuildingsystems.com/product/thermo-hemp>
- <https://www.ecologicalbuildingsystems.com/product/solitex-plus>
- <https://www.ecologicalbuildingsystems.com/product/da>



Thanks for
listening.

- Any questions?