

## Meet our Peer Supporters

### Lan Ngai (they/them)



Campus:  
Blanchardstown

About me:  
I'm a 3rd year Cybersecurity student based in Blanchardstown. I love all things to do with technology and cars. I have an interesting background with one side of my family being from Hong Kong and the other half from Liaoning China however I was born and raised in Ireland so I'm fluent in Cantonese, Mandarin and English.

Course:  
Digital Forensics and Cybersecurity

Specialties:  
LGBTQIA+  
Neurodiversity  
International Student  
STEM Student  
Disability

Languages:  
English, Cantonese, Mandarin

### Leticia Godinho (she/her)



Campus:  
Blanchardstown

About me:  
Hello, Ola, Oi. I'm Leticia, in my 2nd year of Accounting and Finance at Blanchardstown Campus, and I am your Peer Support. I'm passionate about helping others, sharing a laugh, or offering a listening ear. When I'm not studying or helping out, you can find me hiking, walking, dancing, singing, or even swimming—I love staying active and having fun. I believe in making connections, staying positive, and supporting people in ways that help them feel good about themselves.

Course:  
Bachelor of Business in Accounting and Finance

Specialties:  
Mature Student

Languages:  
Portuguese, Spanish, English.

**Seán (he/him)**



Campus:  
Bolton Street

Course:  
Building services engineering

Specialties:  
STEM Student

Languages:  
English

**Deborah Abels (she/her)**



Campus:  
Grangegorman

About me:  
I'm a final year law student. A few things I enjoy are playing hockey, hanging out with my friends and listening to music. I also love to travel and learn about different cultures. I would love for people to have a welcoming space where they can be themselves and I would love to give a lending ear! 😊

Course:  
Law

Languages:  
English

**Kristina (she/her)**



Campus:  
Grangegorman

About me:  
Hi! As a peer supporter, I aim to create a space that is relaxed, open, and non-judgmental, where you can talk freely and feel genuinely heard.

Outside of research and uni life, I love animals (proud dog parent to three!), music, reading, the outdoors and generally staying active. Though I know firsthand how hard it can be to prioritise wellbeing when life gets busy. I'm also passionate about normalising mental health conversations and making support feel more human and less clinical.

Course:  
PhD in Environmental Science and Health

Specialties:  
Postgraduate Student  
STEM Student

Languages:  
English

**Suzanne (she/her)**



Campus:  
Grangegorman

About me:  
Hi I'm Suzanne , a 3rd year student, studying photography . I love wildlife and spending time in nature. Been a mature student I have a lot of life experience but returning to education was something I found both scary and exhilarating at the same time. Everyday brings new challenges but I'm really enjoying the journey so far.

Course:  
Photography

Specialties:  
Mature Student with advanced entry experience

Languages:  
English

## Hamza Sajjad (he/him)



Campus:  
Grangegorman

About me:  
Hey, my name is Hamza. I am a first-year PhD student at TUD (soon to be in my second year!). I'm originally from Pakistan and moved to Dublin for my PhD studies. Most of the time, you'll find me roaming around the labs on campus, but outside of that, I enjoy exploring Dublin, cooking (though I rarely stick to recipes), going on short hikes and walks, and binge-watching shows and anime.

Course:  
PhD Student in the School of Food Science and Environmental Health

Specialties  
Postgraduate Student  
International Student  
STEM Student

Languages  
Urdu. Hindi. English

## Cian (he/him)



Campus:  
Tallaght

About me:  
21 years old  
Irish  
3rd year student

Course:  
Applied Social Care

Specialties:  
Disability

Languages:  
English

## Mary Clarke (she/her)



Campus:  
Tallaght

About me:

I am a friendly energetic person who enjoys fitness, music, travel, education, nutrition, live events, community work, animals and spending time with my family and friends. I also enjoy connecting with people.

Spirituality is important to me, I worked previously as an Energy Practitioner, this work was very special and continues to help me in my everyday life.

Course:  
DNA Analysis & Forensics

Specialties  
Neurodiversity  
Mature Student

Languages  
English