

# Athlete Support Programme

TU Dublin has now record numbers of Irish studentathletes who are currently in receipt of high-performance sport supports achieving recognition in their chosen sports at Olympic and Paralympic Games, World Championships, World University Games, European Championships, National representation, and as Intercounty players in all four codes of Gaelic Sports.

The University has developed a strong reputation for fostering our athletes' sporting and educational development, with a range of flexible athlete and academic support structures in place to ensure success in their studies and in their sporting careers.

Through our University-wide programme, we are committed to supporting talented young athletes who have the potential to achieve success and excel at the highest level in their sport.

This investment aims to enable student-athletes to combine their education with their sporting career in order to maximise potential.

## Accreditation for Student Athlete Support (ASAS)

TU Dublin was awarded the Sport Ireland Institute Accreditation for Student Athlete Support (ASAS), which recognises good practice in 'dual career' support for student athletes.













### The 'Programme'

The Athlete Support Programme is an athlete led development programme whereby financial assistance and a network of support services are designed to meet the individual needs of elite student athletes.

Our range of sport scholarships offer high level support to aspiring talented athletes and the benefits of each 'package of support' is assessed on an individual basis and ranks depending on an athlete's achievements, potential for development and commitment to represent TU Dublin.

In order to be considered eligible for a place on the Athlete Support Programme applicants must fulfil the following criteria;

- ▶ Be offered a place on an academic programme of study for the new academic year or be a current student of TU Dublin
- Be of regional/county, national or international standard in your chosen sport
- Commit to represent TU Dublin in the appropriate competitive pathway
- Be competing in a sport recognised by Sport Ireland

The benefits of an award may include:

- Fee Waivers
- Accommodation Support
- Academic Entry (Additional CAO points)
- Financial Support
- Access to High Performance Training facilities
- Dual Career Support
- Academic Mentoring
- Strength and Conditioning
- Sports Nutrition
- Performance Skills Workshops
- Sports Mentoring
- Physiotherapy
- Career Guidance Support

This scholarship award is designed to help athletes at key times in the Sporting Pathway to enable their transition to the next level.

#### **Testimonials**

#### Sean Waddilove - Irish Olympic Sailor

"There is no other programme I would put my trust in than TU Dublin's Athlete Support Programme to run a successful Olympic campaign alongside my academic studies. Having everything you need to run an Olympic campaign under the one roof pays tribute to TU Dublin which has now come to fruition! In the 49er event my partner and I Robert Dickson have just secured Olympic qualification for Ireland at Paris 2024!"



#### Cian Browne- Wexford Senior Hurler

"TU Dublin athlete support programme has been hugely supportive. They consistently have provided everything I need as an athlete to make my sporting life and academic life a success. While on the programme I have had access to an academic mentor which has provided flexibility for me to make County training, I have access to multiple supports from top level nutrition, S&C and personal development. All this has helped me develop my Hurling and progress as a player while enabling me to study full time."



#### Nicole Turner - Irish Paralympian - Swimming

"The programme has allowed me to make adjustments to my timetable without sacrificing the quality of my training and college education. The accommodation support as also been a major impact to me as College and the National Aquatic Centre are on my door step. I have secured qualification for the Paralympics in Paris 2024 and this would not have been possible without the support I have received. I started TU Dublin as a Paralympic athlete but will leave as a Paralympic."



Fulfil your student experience and pursue opportunities to compete in Senior Intervarsity competitions and even the World University Games.

For further information about the programme please contact:

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https://tudublin.ie/ study/undergraduate/ scholarships/ sports-scholarships





SPORT IRELAN

TU Dublin have been successful in achieving the required standards in dual career support structures and programmes for student athletes. The University is fully ASAS Accredited from 2024 - 2026 by the Sport Ireland Institute.

(L-R): Minister of State for Sport and the Gaeltacht Jack Chambers TD, TU Dublin City Head of Sport Christy O'Shea, and Sport Ireland Chief Executive Dr. Una May.







Some of Ireland's Top Sporting
Figures who have been supported
through the Athlete Support
Programme.











